

# Vegetables and Fruit as a Reservoir of Mobilized Colistin Resistance (MCR) Positive Gram-Negative Bacteria

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## Abstract:

It has been widely acknowledged that “antimicrobial resistance” which makes antibiotic treatment of bacterial disease ineffective, is one of the most urgent health risks that the world is currently facing. Food chain is one of the major pathways of spread of this antibiotic resistance which is a great public health challenge. Colistin, an orally active polypeptide antibiotic has excellent activity against various Gram-negative bacteria and last-resort therapy used against infections caused by these bacteria. In November 2015, a novel plasmid-mediated colistin resistance gene, *mcr-1*, was identified in *E. coli* isolates. So far, the *mcr* gene has been identified in gram negative bacteria, most of them are *E. coli* that are isolated in food animals, environments, different types of fruits and vegetables and humans. The aim of this review is to provide a brief summary of the currently available scientific literatures on the fruits and vegetables as a carrier of *mcr* genes in gram negative bacteria with an emphasis on its Geographical distribution and Molecular identification.

**Key words:** antimicrobial resistance; antibiotic treatment; plasmid-mediated; *mcr-1*; *E. coli* isolates

## 1. Introduction

Fruits and vegetables add a variety in our diets which is also a great source of nutrition. Monotonous diet is unhealthy both for human and planet because it can end up with loss of eco diversity. Our diet should include at least 400 g of fruits and vegetables per day for proper wellbeing and freedom from disease recommended by World Health Organization (WHO). In 2017, around 3.9 million deaths toll were attributed worldwide for not eating enough fruit and vegetables (WHO, 2019). Data suggest that diet containing inadequate fruits and vegetables can leads to mortality around 14 percent from gastro-intestinal cancer, about 11 percent from ischemic heart disease, and about 9 percent from stroke [1]. Considering this theory, consumption of fresh produce has become a part of healthy diets and its popularity also increasing to global population [2] Sometime fruits and vegetable consumed raw as a form of salad which can leads to increasing number of foodborne disease outbreaks if proper hygiene is not maintained. [3]. Moreover, microbial contamination in organic food could also act as a storage of antibiotic resistance genes which could leads to its transmission to human body, after its consumption. This could lead a great public health threat [2-4]. In vegetation harvesting antibiotic could also be used as chemical tools for prevention of growth of microorganism [5]. Use of night soil on crop

fields could be another source of antibiotic resistance bacteria [6]. It is also assumed that crops may contaminated, through several routes, including dirty irrigation water or inappropriate post cultivate hygienic practices of the worker related to transportation, storage method and environment, processing and preparation[7,8].

Upon ingestion of antibiotic-resistant bacteria through contaminated food, it can exchange the resistant gene with normal human or animal gut flora while passing through the intestine. It could be a significant public health emergency which can leads to an additional dispersion of antibiotic-resistant bacteria in to the atmosphere [2]. In this way fecal waste can come in contact with the raw food stuff during cultivation in the form of wastewater irrigation and the use of organic fertilizer and a cycle of bacterial pathogens contamination could continue throughout its production to supply[9,10].When researcher studied this contamination pathway for common pathogens, it was not been assessed the contamination pathway of fresh produce with antibiotic resistant bacteria and their suspectable genes. Indeed, such information is beneficial for humanity which can reduce human exposure to ARB/ ARG through fruits and vegetables [11]. It is documented that diarrheagenic *E. coli* strains in cucumber, lettuce and spinach can cause diarrhoea and other gastronomic

diseases [12]. Other study also identified fruits associated with enterotoxigenic *E. coli* positive for heat-stable enterotoxin-1 gene *astA*, a causative agent for diarrheal infections [13].

The emergence of carbapenem- and colistin-resistant Gram-negative Bacteria (GNB) is of great public health concern. These bacterial have been reported vastly among aquatic biome, anthropoid environment and food commodities all over the world [14-16], but we still know a very little about fresh fruits and vegetables as a carrier of carbapenem and colistin resistance genes in Gram-negative bacteria [17]. We have some evidence of drug resistance in GNB isolates on vegetables indicating most of these bacteria are environmental species with a few faecal Enterobacteriales species [2,18].

Colistin antibiotic is one of the last resorts in treating infections caused by multi-drug-resistant Gram-negative bacteria in humans. Drug resistance in bacteria could be chromosomal or plasmid mediated which can develop when a drug is being overly used. Colistin recognized as last resort among different classes of antibiotics. Researcher found that colistin resistance in Enterobacteriaceae could be plasmid-borne mobile colistin resistance genes (*mcr*). In the recent past, the plasmid transferred resistance to colistin was attributed to the *mcr* gene. *Mcr-1* is the most predominant among all the *mcr* type [19]. So far 10 *mcr* homologs have been identified [20] In Pigs and chickens in China where *mcr-1* was first identified. 21[21]*Mcr* gene most commonly found in *ecoli* bacteria [22,23]The other *mcr* variants have been reported in a limited number of species[24] In *Klebsiella*, *mcr-8* and *mcr-9* have been reported. The *mcr-8* gene was initially identified in the *K. pneumoniae* plasmid pKPP91 of swine origin [25] and *mcr-9* was detected in silico from a clinical colistin susceptible *Salmonella enterica* serotype Typhimurium strain in 2010 in United States[26]The expression of *mcr-9* normally requires exposure to colistin and a *qseBC* system next to *mcr-9* for expression induction [27]. Lastly the *mcr* variant *mcr-10* was identified, which was originally detected in the clinical *Enterobacter roggkampii* strain 090065 in China [20].

*Mcr* gene-producing Gram-negative bacteria isolated from fresh vegetables and fruit also have been reported in several countries around the world [19]. Therefore, in this review we tried to understand the prevailing situation on dissemination of *mcr* gene-producing Gram-negative bacteria and their genetic characteristics and from fresh vegetables and fruits all around the world.

### What is Antimicrobial Resistance?

Microbes constitutes of 70 % of total biomass of the earth's biosphere and they play a vital role in the sustainability of the environment. Microbial cells have the natural ability to adapt themselves upon harmful compounds since the very begging on the planet [28], Microbial genetic transfer to the next generation ensures the transfer of acquired characteristics which is pioneer to the evolution of stable genetic determinants. This gene transfer characteristics in microorganism also the leading cause for microbial diversity [29]. When bacteria can grow and adapt with the environment in the presence of antibiotic that signify its resistance against that particular antibiotic [30]. Their survival ensures their adaptability and their adaptability ensure an emerging threat to the living world. [31,32]. By gene mutation this resistance in bacteria can develop naturally [33]. However, commercialization of antibiotics in medicine, agriculture, food industries are expediting this process. Antimicrobial-resistant microbes are present in living environment (in

water, soil, and air) [34-36]. It can spread through environment to animal, animal to person or person to person and again person or animal to environment.

Over 7 million mortality per year caused by antimicrobial resistance alone, and this mortality can be around 10 million by the year 2050, accounting for about 100 trillion USD worldwide [32,37]. It is estimated that around 2 million population in USA infected with bacteria per year that are resistant to first line antimicrobial drugs, accounting 20 billion US dollars. Similar scenario has also been seen in European Union where approximate 900,000 disability-adjusted lives and more than 30,000 death was identified each year [38]. This similar situation of antibiotic resistance is also affecting the BRIC countries, i.e., Brazil, Russia, India, and China[38], [39] During the period 2010–2015, the consumption of antibiotics (DDD/1000 individuals/ day) increased in China (89 %), Tunisia (69%) and India (13 %) respectively [40]. Sometimes it become difficult to estimate the true burden of bacterial resistance in some specific geography due to scarce data and surveillance that makes AMR tackling difficult. Researchers usually estimate the AMR effects by evaluating mortality and morbidity rate, hospital stay length and health-care costs for selected pathogen-drug combination in specific geographical region[3,41-45]. Worldwide low- and middle-income countries are more vulnerable to AMR burden because food safety and security are not maintained in these regions and lacking in access to health and sanitary water supply[46] Most of the developing countries in the world still lacks in quality health care facilities with poor sanitary conditions and a higher incidence of communicable and non-communicable diseases. Unrestricted use of antibiotics is the principal cause of dissemination of antibacterial resistance in these region [36,47,48]. The local temperature of a specific geographical area also influences the abundance and distribution of Antibacterial resistance gene in the environment. It was found in a study in USA that an increase in population density and local temperature was consistent with an increase number of pathogens like *E. coli*, *klebsiella pneumoniae* and *staphylococcus aureus* [40,49]. World Health Organization (WHO) has expressed the urgency of taking action against antimicrobial resistance by stating, “no action today, no cure tomorrow” and “post-antibiotic era” may soon become reality of the 21st century [38]. WHO has also proposed a global action plan to combat antimicrobial resistance [50,51]. Microbial community developed a progressive resistance to commonly used antibiotics at present leading to condition to reduction in beneficial treatment for infectious diseases [52,53].

### Antimicrobial resistance: a global crisis

AMR is a widespread challenge for public health that initially derives from antibiotics and antibiotic resistance genes, but it can also be linked to improper local sanitation, environmental pollution and other factors [54]. Though antibiotics are used primarily for control of infection both human and animal, sometime it used as growth promoter in poultry and livestock. Also, non metabolised or residual antibiotic can be released by human and animal excreta into the environment [55]. These factors contribute to genetic selection pressure for the emergence of multidrug-resistant bacterial infections in the community. *Salmonella* spp. and *Campylobacter* spp. are the major pathogens in this category. In addition, difference in resistance mechanisms in bacterial isolate from human and animal are still not very clear. The study on mechanism of resistant microbes should be broad ranged. It should not only include the evolution of resistance at the molecular level within a given organism but also its

transmission mechanisms and pathways between organisms, and dissemination between humans and animal hosts including soil and water.

Approximately 80% of marketed antibiotics in the USA are used either as growth supplements or to control animal infections. The global map of antibiotic use estimated the use of 63 151 tonnes of antibiotics in livestock in 2010 [56]. This situation would pose a worldwide economic burden of approximately US\$120 trillion (US\$3 trillion per annum), which is

roughly equal to the total current annual healthcare budget of the USA. However Medically important antimicrobials are banned in USA but bacitracin and carbadox, which are classified as medically important by the World Health Organization, are still used as growth promoters in pigs [57]. Recent trends of antibiotic usage will lead to the death of approximately 444 million people before 2100, and birth rates will also rapidly decline by 2050 [58].

Regions	Mortality
Asia	4,730,000
Africa	4,150,000
Europe	390,000
Latin America	392,000
North America	317,000
Oceania	22,000

**Table 1: Mortality Rates by 2050 Due to AMR in Different Regions[40]**

Source: [https://amr-review.org/sites/default/files/AMR\\_Review\\_Paper\\_-\\_Tackling\\_a\\_crisis\\_for\\_the\\_health\\_and\\_welfare\\_of\\_nations\\_1.pdf](https://amr-review.org/sites/default/files/AMR_Review_Paper_-_Tackling_a_crisis_for_the_health_and_welfare_of_nations_1.pdf). Accessed September 17, 2019. Creative Commons Attribution 4.0 International Public License (<https://creativecommons.org/licenses/by/4.0/legalcode>) [37].

### Introduction to Colistin:

Colistin antibiotics belong the polymyxin family and produced by *Paenibacillus polymyxa* var. *colistinus* which is bactericidal with significant concentration work against gram-negative bacteria, discovered in 1940s [59,60]. The polymyxin family contains polymyxins E, D, C, B, and A. but only colistin (polymyxin E and polymyxin B) have been clinically used in treatment of both the veterinarian and human. Colistin antibiotics consist of a mix of the polymyxin E1 and E2 (containing bactericidal penta-cationic lipo-peptides). In humans, this antibiotic is mostly used to treat diseases caused by the pan or multidrug-resistant microorganisms [61]. Colistin is usually given by parenteral route as an inactive prodrug form namely sodium salt of colistin methanesulfonate [62].

### Mode of action of colistin.

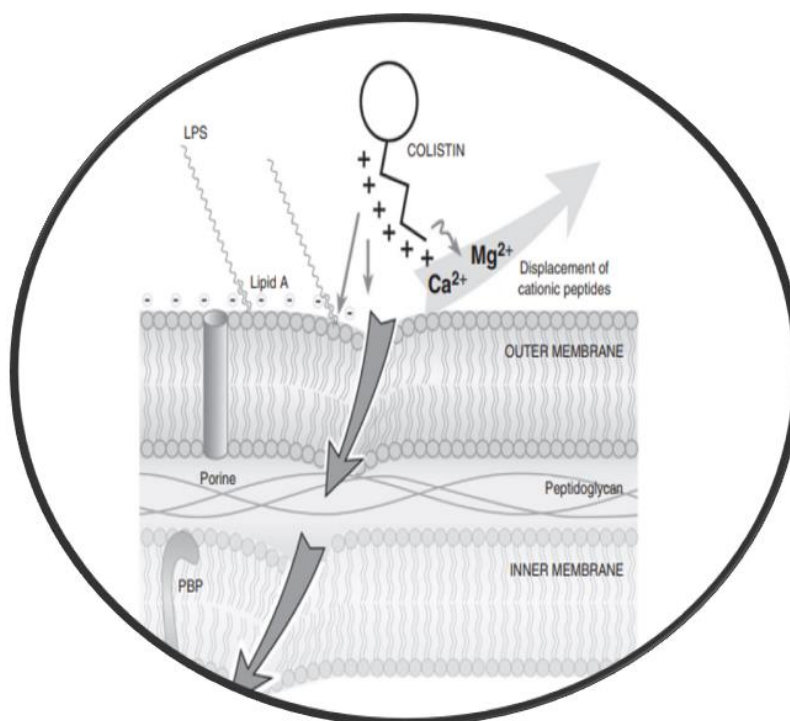
Colistin is a narrow spectrum antibacterial drug against gram-negative bacteria [63]. The mode of colistin action has not been completely discovered yet, we only know the colistin binds to the lipopolysaccharides (LPS) and phospholipids of the outer membrane of Gram-negative bacteria and causes disruption of the cell membrane followed by cell death. Gram-positive bacteria, all cocci, or anaerobes lack the outer membrane so colistin has no activity against them though it is an active antibiotic against a broad diversity of Gram-negative bacteria [64]. Lipid A, of the cell membrane of the bacteria plays a significant role in the cell permeability action and Colistin specifically targets lipid A. This takes place via an electrostatic interaction between positively charged diaminobutyric acid residues of colistin and negatively charged phosphate groups of lipid A [65]. Because of this interaction Colistin displaces divalent cations (Ca<sup>2+</sup> and Mg<sup>2+</sup>), causing an alteration in the LPS structure which forms destabilized areas, through which colistin crosses

the outer membrane and eventually damages the structure of the phospholipid bilayer of the inner membrane of the bacterial cell. This whole process leads to inner membrane lysis and cell death [66].

### Mechanisms underlying colistin resistance

Chromosomal point mutation thought to be the only cause of acquired bacterial colistin resistance by the researcher earlier. Nonresistance bacteria can also develop acquired colistin resistance, which could be due to changing in LPS structure or capsular polysaccharides receptor that act as a binding site for colistin antibiotic and this could be happened by transformation of bacterial cell surface [67]. But Plasmid mediated *mcr* genes of some aquatic, zoonotic and human environmental bacteria could also cause resistance to colistin according to the recent studies [68]. When *mcr-1* gene reside together with other resistant genes for example MBL, ESBL or NDM gene in bacteria, it can result as colistin resistance and as some life threatening infectious disease treatment could become difficult for this resistance it could be a great challenge to public health and health care provider as colistin is one of the last line of antibiotics [62].

There are two main mechanism works behind how gram-negative bacteria develop colistin resistance. Number one is inactivation of lipid-A biosynthesis pathway and alteration in outer membrane LPS. Number two mechanism is *pmrAB* two component system[26]Dissemination of antibiotic resistance in gram negative bacteria usually take place through integrons, through which exogenous gene expression and active capture take place. Bacteria tend to grow in challenging conditions by these genetic elements which causes increase in strength by achieving more genetic material from other species. Thus, by natural transformation integrons increases bacterial distribution and resistance through metamorphosis [26,69].



**Figure 1.** Action of colistin on bacterial membrane. The cationic cyclic decapeptide structure of colistin binds with the anionic LPS molecules by displacing calcium and magnesium from the outer cell membrane of Gram-negative bacteria, leading to permeability changes in the cell envelope and leakage of cell contents. By binding to the lipid A portion of LPS, colistin also has an anti-endotoxin activity. Disruption of the membranes should promote permeability for more conventional anti-pseudomonals. LPS: lipopolysaccharides; PBP: penicillin-binding protein. (From Martis et al.) [70]

#### Colistin resistance in Enterobacteriaceae:

The expression of the L-Ara4N and PEtn transferase is regulated by the two-component regulatory system PmrA/PmrB, in *E. coli* and *Salmonella enterica* by sensing environmental properties, for example PH, Fe<sup>3+</sup> and Mg<sup>2+</sup> level. Alteration of expression of a set of genes involved in modification of lipid A caused by the presence of polymyxins.[71], [72]. The mechanisms of resistance to cationic antimicrobial peptides of *Salmonella typhimurium* regulates through two-component systems PhoP–PhoQ and PmrA–PmrB [73]. The PmrA–PmrB regulon encode the Polymyxin resistance and its products modify the LPS core and lipid A regions with ethanolamine and add amino arabinose to the 4 phosphate of lipid A [74]. Mutations in the pmrA locus of *S. typhimurium* confer an increase in resistance to polymyxins. As pmrA mutants survive better in human neutrophils, it suggests that this locus plays a role in virulence [75]. Polymyxin-resistant mutants of *S. typhimurium* and *E. coli* have a higher substitution of the ester-linked phosphate group in the lipid A portion of the LPS by 4-amino-4-deoxy-L-arabinose and show larger amounts of 2-aminoethanol esterifying phosphates in the core oligosaccharide [76]. The 4-aminoarabinose substitution is almost stoichiometric in strains of *Proteus mirabilis*, *Chromobacterium violaceum*, and *Burkholderia cepacia* that exhibit innate resistance to polymyxins [76]. It has been suggested that the mgrB alteration can be a common mechanism of colistin resistance in KPC-producing *K. pneumoniae* (KPC-KP) in the clinical setting [77]. Comparative genomic analysis of a pair of sequential KPC-KP isolates from the same patient including a colistin-susceptible isolate (KKBO-1) and a colistin-resistant isolate (KKBO-4) selected after colistin exposure revealed that insertional inactivation of the mgrB gene, encoding a negative regulator of the

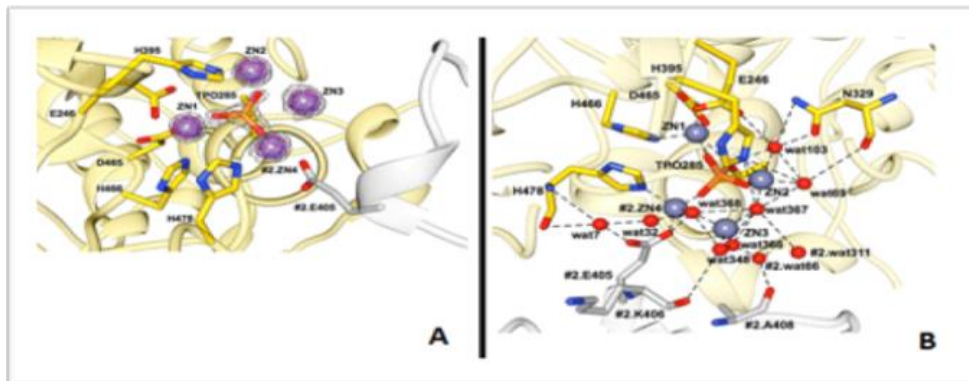
PhoQ/PhoP signaling system, which is a genetic mechanism for acquired colistin resistance [78]. A recent study confirmed the MgrB regulatory role in *K. pneumoniae* and was in agreement with the known association between upregulation of the PhoQ/PhoP system and activation of the pmr HFIJKLM operon, which eventually leads to resistance to polymyxins by modification of the lipopolysaccharide target [79].

#### Mobilized colistin resistance (mcr)

Total, nine mobilized colistin resistance genes referred to as mcr-1 to mcr-9 was identified up to 2019 [26] and the mcr-10 gene was identified in 2020. All ten mcr genes are mostly identical to each other [20]. The mcr genes encode phosphoethanolamine transferase enzymes that bind a phosphoethanolamine (PEtN) moiety to the lipid A of Gram-negative bacteria's outer membrane, which causes reduction to its net negative charge allowing colistin resistance. mcr-1 gene is the most predominant type of mcr genes and its transfer of colistin resistance by plasmid has been ascribed. mcr-1 is a phosphatidyl-ethanolamine transferase; it works by lowering the binding affinity of colistin to its target site by modulating the lipid A residues of the LPS [80]. The mcr-1 gene modify the target of colistin and then stimulating transmission of PEA into glucosamine saccharide of the lipid A in the outer membrane of bacteria and that's how it provides resistance [21], by lowering in the net-negative charge of the lipid A head group and lower binding affinity to colistin. The mcr-1 catalytic mechanism (other PEA-transferase enzymes of bacteria) still not fully understood [81]. The catalytic domain of the enzyme mcr-1 resembles the zinc metalloproteins. The phosphoethanolamine is inhibited by metal chelating agents like the dipicolinic acid (DA) and ethylene diamine tetra-acetic acid (EDTA) [82,83] as shown in Fig. 2a and b [84].The natural occurrence of mcr-1 has been limited to five

species of bacteria. *K. pneumoniae*, *E. coli*, *Salmonella enterica*, *E. cloacae*, and *E. aerogenes* and experimentally being transmitted to *P. aeruginosa* by conjugation. The host reservoirs that have possibility of carrying the *mcr1*-harbouring enterobacteria, could be a variety of livestock/poultry (dogs, cattle, chickens and pigs) or it could be human.

Alarming, coexistence with other multi-drug resistance genes, have been observed in *mcr-1* gene that increases the possibilities pan-drug resistance et al. reported the presence of *mcr-1* gene in different parts of the world [85].



**Figure 2:** The catalytic domain structure of the *mcr-1* enzyme[84] A. the structure of the active-site of phosphothreonine with associated zinc ions. B. Represent ions of zinc which specified in the *mcr-1* active site. Dissemination and spread of *mcr-1* gene.

### Geographical distribution of *mcr-1* and Emergence of Colistin-Resistant *Escherichia coli* in Food Chains:

Plasmid-borne resistance to polymyxins has been reported for few different enterobacterial species mainly among *E. coli* isolates and rarely for *Salmonella enterica*, *Enterobacter* spp., and *K. pneumoniae*. *mcr-1*-producing isolates in other species, such as *Cronobacter sakazakii* [86] and *Kluyvera ascorbate* [87] also had been reported. According to current literature, the distribution of *mcr-1* is worldwide, covering all continents [88]. The *mcr-1*-producing *E. coli* isolates have been identified in several animals and animal food products, including chickens and chicken meat, pigs and piglets, cattle, calves, and turkeys, so it is speculated that the original source of the gene, or at least of its mobilization and emergence, might be the animal world but it also been found in human. The corresponding samples were collected from different parts of the world, not only in Asian countries (Cambodia, China, Japan, Laos, Malaysia, Taiwan, Singapore, and Vietnam) but also from Europe (Belgium, Denmark, France, Germany, Portugal, Italy, the Netherlands, Spain, Sweden, Switzerland, and the UK), the Americas (Argentina, Brazil, and Canada), and Africa (Algeria, Egypt, South Africa, and Tunisia). The emergence of *mcr*-positive isolates animals, is not a recent event. A retrospective Chinese study identified positive isolates recovered from chickens during the 1980s [89], and they were discovered as early as 2005 in veal calves in France [90]. So, it could be possible there has been some silent dissemination of that resistance mechanism throughout the last few decades, and the current situation shows an ongoing further dissemination rather than an emerging phenomenon.

It has been demonstrated clearly AMR *E. coli* transmission via food animals and food products [91]. But because of lack of sufficient data, it is not possible to make a complete risk assessment on the role of food in the transfer of the human infections caused by *E. coli mcr-1* [14]. It is a great challenge for both food operators (farmers, livestock transporters, slaughterhouse workers, food handlers, etc.) and consumers the presence of *E. coli mcr-1* in bred animals and foods. Different studies have documented dissemination of *E. coli* carrying the *mcr-1* gene in healthy food producing animals in several countries [92,93]. But still we don't

have enough studies on the prevalence of this organism in food and moreover certain food products, for example, the milk sector has been poorly investigated, and the prevalence of *E. coli mcr-1* in fishery products is totally absent [14].

### Literature Search Strategy and Data Collection

The dissemination of *mcr*-producing Gram-negative bacteria in fresh produce is a major public health threat, since they are a very suitable pathway for the spread of antibiotic-resistant bacteria from farm to fork. Until December 2024, out of thirteen (13) molecular studies, ten (10) studies have revealed the isolation of Gram-negative bacteria producing *mcr* genes on fresh vegetables and fruits. They have been used and are accessible through the PubMed database using the “*mcr*”, “fresh vegetables”, “vegetables” and “fruits”.

### Vegetables and Fruit Isolates with the *mcr* Gene

The transferable plasmid-mediated colistin resistant *mcr-1* gene carrying bacteria are of great public health concern.[94-96]. Up to now, thirteen studies have reported *mcr*-producing Gram-negative bacteria, especially isolates of Enterobacteriaceae species, from fresh produce that mostly originated from China (Table 2).

The *mcr-1* gene was first reported in 2014 in Switzerland, 60 ESBL-producing members of Enterobacteriaceae isolated from 42 imported vegetable samples (11 from the Dominican Republic, 13 from India, 11 from Thailand, and 8 from Vietnam) were screened by PCR for the presence of the *mcr-1* gene and the *mcr-1* gene was detected in 2 out of 60 vegetable strains (products from Thailand and Vietnam)[97]and sequencing of the amplicons showed a 100% identity with the published *mcr-1* sequence. The colistin resistance was transferable by transformation experiments into *Escherichia coli* DH5-alpha. All strains were *Escherichia coli* and belonged to different multilocus sequence types (MLSTs), harbored different blaESBL genes, and showed a multi resistance phenotype [97]. The diversity of ESBL genes and MLSTs identified among *mcr-1*-positive isolates suggests that the *mcr-1* gene might be carried on different plasmids. This study also showed that international trade of fresh vegetable could be a possible route of transmission of colistin-resistant Enterobacteriaceae [98]. In 2015 a study

reported PMCR-encoding gene *mcr-1* detected in an *E. coli* isolated from a lettuce sample in Portugal and evaluation its genetic relation with the other reported *mcr-1*-producing *E. coli* isolated from fresh produce was done. Colistin MIC of the vegetable *E. coli* isolate revealed a non-wild-type phenotype to colistin. This isolate was also resistant to other antibiotic classes, such as penicillin, quinolones, aminoglycosides, and phenicol, consistent with a multidrug resistant phenotype. The transferability of the *mcr-1* gene was achieved, with the transconjugant TeINSali25 (*mcr-1*) exhibiting the respective resistance to colistin [99]. Another study in Guangzhou, China was held from June to November 2016. A total of 133 fruit surface samples were collected from retail fruits market. *Mcr-1*-harboring *E. coli* GB110 and *K. pneumoniae* GB015 were identified from apple and orange samples, respectively. It was found that *E. coli* GB110 was susceptible to all tested agents except colistin and polymyxin B; and *K. pneumoniae* GB015 was resistant to colistin, polymyxin B and ampicillin [100]. *Mcr-1* was successfully transferred to streptomycin-resistant *E. coli* C600 through conjugation in both isolates, suggesting that *mcr-1* was located on transferable plasmids and *mcr-1* was located on ~62.9 kb IncFIA and ~204.2 kb IncHI1 plasmids for the transconjugants of *E. coli* GB110 and *K. pneumoniae* GB015, respectively. MLST analysis of *E. coli* GB110 showed that it belonged to sequence type 189 (165 cplx), which was reported from poultry retail meat mediating the spread of extended-spectrum  $\beta$ -lactamase (ESBL) genes in Colombia [101] while *K. pneumoniae* GB015 belonged to ST442. ST442 and ST11, the most common carbapenem-resistant clones in China, are considered to be the progenitors of *K. pneumoniae* ST258, which is widespread worldwide as the most successful multidrug-resistant clone of *K. pneumoniae* [102]. Another study published in 2019 was conducted a surveillance of the prevalence of *mcr* in fresh vegetables from 23 cities of 9 provinces in China and analyzed the characteristics of *mcr* bearing plasmids. A total of 528 fresh vegetable belonging to 18 types were analyzed between May 2017 to April 2018. Among them 19 fresh vegetable samples belonging to 10 types carried *mcr-1* gene. From the 19 samples, 24 *mcr-1* positive isolates were retrieved and 23 were identified as *E. coli* and isolate CTX145B was *Enterobacter cloacae* [103]. MLST subtyping identified 16 types along with a new ST type not previously registered in the *ecoli* MLST database, and most prevalent sequence types were ST744 and ST224. All 24-isolate showed multi drug resistance, but were susceptible to meropenem and tigecycline [103]. Another study between May 2017 and December 2018., were identified two isolates from leaf rape and spinach, carried both blaNDM-5/9 and *mcr-1* recovered from fresh vegetables in China and the characteristics of resistance plasmids were also analyzed. In total, 712 fresh vegetable samples were collected, from 29 cities or districts of 10 provinces in China. sequence analysis showed that both isolates were *E. coli*. [104]. Both isolates showed resistance to all beta-lactams, tetracyclines, fluoroquinolones, fosfomycin and colistin tested, which were therapeutic agents in clinics in many countries [105]. Notably, both isolates remained susceptible to amikacin and tigecycline, similar to the *E. coli* isolates producing both NDM and *mcr-1* from humans in China. MLST analysis showed that isolates 690 and 701 belonged to ST156 and ST2847, respectively [106].

Another study was performed to investigate the prevalence and antimicrobial susceptibility of *mcr* harboring colistin-resistant Enterobacteriaceae from retail vegetables and food animals in South Korea during a national surveillance project in 2018. For this study, 1324 fresh vegetables from across the country were obtained from farmers'

markets. The *mcr-1* gene was detected in *Escherichia coli* isolates from (1/1324) of vegetables, (2/34) of chickens, (4/59) of pigs, and (0/57) of cattle. Other *mcr* genes were not detected. All seven of the *mcr-1*- positive isolates showed multidrug resistance and co-produced  $\beta$ -lactamases. Multilocus sequence typing analysis revealed five known *E. coli* sequence types (STs), including ST10 in the vegetable sample This is the first report of the *mcr-1* gene in vegetable samples in South Korea [107]. In 2019 one study was conducted to screen for extended spectrum cephalosporin-, carbapenem- and colistin-resistant Gram-negative bacteria in fresh vegetables in Algeria. Out of 400 vegetable samples, the *mcr-1* gene was detected in two isolates from two coriander samples (2.99%; n = 2). However, no other *mcr* gene was identified. The PCR results showed that the transconjugant TCL17 harbored the blaOXA-48 gene, and TCL38 carried the *mcr-1*-encoding gene. Multi-locus sequence typing analysis revealed three *E. coli* sequence types, including ST2298 in OXA-48-producing isolate, ST216 and the epidemic clone ST101 in *mcr-1*-positive strains [108]. In June 2019, in Hangzhou of Zhejiang Province, China another study revealed carbapenem-resistant *P. mirabilis* in five of the eight vegetable samples [109] The five *P. mirabilis* isolates were from one tomato, two lettuce and two cucumber samples. All *P. mirabilis* isolates carried blaNDM, while blaNDM-5 was found in all *E. coli* isolates. Worryingly, except M15061H, the remaining four *E. coli* isolates co-harbored *mcr-1* and blaNDM-5. The four *E. coli* isolates carrying both *mcr-1* and blaNDM were also resistant to colistin to fluoroquinolones. MLST analysis showed that all four *E. coli* isolates harboring both *mcr-1* and blaNDM-5 from three types of vegetables in two markets belonged to the ST6050 type. The *mcr-1* in the four ST6050 *E. coli* isolates could not be transferred into the recipient *E. coli* C600, although the conjugation experiment was performed three times. [109] Two studies published in Malaysia in July 2020 and June 2023. The study published on July 2020, was conducted to determine the occurrence of colistin-resistant *E. coli* raw chicken meat and bean sprouts. Results showed that of the *E. coli* isolated from raw chicken meat were positive for the colistin resistance encoding gene, *mcr-1*, whereas all the *E. coli* isolates from bean sprouts were negative for colistin resistance encoding genes [110], and second study which published on June 2023, was conducted to determine the prevalence, antibiotic susceptibility profile and phylogroups of colistin resistant *E. coli* isolated from poultry farm, chicken meat and vegetables samples from markets in Kelantan, Malaysia. Isolates harbored multiple *mcr*-genes (*mcr-1*, *mcr-3*, *mcr-6*, *mcr-8* and *mcr-9*) from chicken origin only, while no *mcr* was detected in vegetables [111]. Another study on detection of chromosomal and plasmid-mediated mechanisms of colistin resistance in *Escherichia coli* and *Klebsiella pneumoniae* from Indian food sample was carried out on raw food samples, including poultry meat, fish, mutton meat, fruit and vegetables. In this study, food samples were collected from 22 sources (14 shops and 8 households) in Chennai, a major metropolitan city in India, in the period October–November 2017. From the 51 positive samples, 71 bacterial isolates were identified, including 11 *E. coli*, 29 *Klebsiella* spp., 17 *Enterobacter* spp., 2 *Citrobacter* spp. and 12 *Pseudomonas* spp. Sixteen samples had more than one Col-R isolates. Of the 71 isolates screened, 3 *E. coli* (one mutton and two poultry meat samples) were found to harbour *mcr-1* gene. No *mcr* gene was detected in vegetables and fruits samples [112]. Another study showed NTS carrying the *mcr-1* gene was isolated from lettuce, beef and pork products in various foods at a frequency of 1.07% (3/280) in 2017, and from goose eggs and field snails at a frequency of 0.69% (4/579) in 2018 (data not published) [113]. The other study was carried out in Molina, Chile. Four sampling efforts were performed between May 2019

and January 2020. A total of 478 vegetable samples were collected. Colistin resistance gene *mcr-1* and ESBL coding genes found in isolates obtained from vegetables and water. The gene *mcr-1* was found in 2/155 isolates; both isolates corresponded to *E. coli* that were isolated during the summer season, from two distinct beet samples from the same market [114]. One study in central Arkansas in the United States between September-December 2020 carried out on 88 vegetable samples. In this study the combination of microbiology, genomics and metagenomics approaches to assess antibiotic resistance in retail vegetables in the United

States. ESBL-producing *E. hormaechei* and *S. fonticola*, and AmpC-producing *E. hormaechei* were isolated from retail vegetables. Multidrug-resistant ESBL-producing *E. hormaechei* carrying *mcr-9* resistance gene was isolated for the first time in vegetables [115].

Considering that colistin is a last-resource antibiotic used for the treatment of infections caused by multidrug resistant bacteria, the detection of a mobile colistin resistance gene in a raw vegetable and fruits constitutes a serious and unprecedented public health concern.

Vegetable/fruit type	mcr gene	Isolation period	Species	Isolation Number	Country	Other antibiotic resistance Genes	Sequence type	Plasmid type	Reference
1. Coriander	<i>mcr-1</i>	between March and December 2019	<i>E. coli</i>	1	Algeria	ND	ST216 and ST101	ND	[108]
2.a. Apple	<i>mcr-1</i>	from June to November 2016	<i>E. coli</i>	1	China	<i>aadA2</i> , <i>aadA1</i> , <i>floR</i> , <i>cmlA1</i> , <i>sul2</i> , <i>sul3</i> , <i>tetA</i> , <i>tetM</i> , <i>dfrA12</i> , <i>mdfA</i>	ST189	ncHI1, IncFIA	[100]
2.b. Orange	<i>mcr-1</i>		<i>K. pneumoniae</i>	1		<i>blaSHV-110</i> , <i>mcr-1</i> , <i>qnrS1</i> , <i>oqxA</i> , <i>oqxB</i> , <i>fosA6</i> , <i>sul1</i> , <i>tetA</i> , <i>dfrA1</i>	ST442	IncHI1, IncFIB	
3. Lettuce	<i>mcr-1</i>	2018	<i>E. coli</i>	1	South Korea	TEM-1, CTX-M-55	ST10	ND	[106]
4a. leaf rape	<i>mcr-1</i>	May 2017 and Dec 2018	<i>E. coli</i>	1	China	<i>blaNDM-5</i> , <i>fosA3</i>	ST156	IncX4	[104]
4b. Spinach	<i>mcr-1</i>		<i>E. coli</i>	1		<i>blaNDM-9</i> , <i>fosA3</i>	ST2847	IncI2	
5. Lettuce	<i>mcr-1</i>	2015	<i>E. coli</i>	1	Portugal	<i>aadA1</i> , <i>aac(3)-Iv</i> , <i>aph(4)-Ia</i> , <i>aph(6)-Ia</i> , <i>aph(6)-Id</i> , <i>blaTEM-1B</i> , <i>mcr-1.1</i> , <i>sul2</i> , <i>tet(A)</i> , <i>floR</i> -type	ST1716	IncHI2/S T4	[99]
6.a. Tomato	<i>mcr-1</i>	June 2019	<i>E. coli</i>	1	China	<i>blaNDM-5</i>	ST6050	IncHI2	[109]
6.b. Cucumber				1					
6.c. Cucumber				1					
6.d. Lettuce				1					
7a. Cha-om	<i>mcr-1</i>	2014	<i>E. coli</i>	1	Switzerland and	<i>blaCTX-M-55</i>	ST167	ND	[97]
7.b. Basil Leaves	<i>mcr-1</i>	2014	<i>E. coli</i>	1		<i>blaCTX-M-65</i>	ST4683	ND	
8.a. Cucumber	<i>mcr-1</i>	between May 2017 and April 2018	<i>E. coli</i>	1	China	ND	ST744	X4	[103]
8.b. Curly endive	<i>mcr-1</i>		<i>E. coli</i>	1		ND	ST13	X4	
8.c. Pak choi	<i>mcr-1</i>		<i>E. coli</i>	1		ND	ST648	I2	
8.d. Tomato	<i>mcr-1</i>		<i>E. coli</i>	1		ND	ST713	X4	
8.e. Leaf rape	<i>mcr-1</i>		<i>E. coli</i>	1		ND	ST744	X4	

8.f. Carrot	mcr-1		E. coli	1		ND	ST5539	X4	
8.g. Romaine lettuce	mcr-1		E. coli	1		ND	ST10	X4	
8.h. Green Pepper	mcr-1		E. cloacae	1		ND	ST5873	X4	
8.i. Cucumber	mcr-1		E. coli	1		ND	ST744	X4	
8.j. Cucumber	mcr-1		E. coli	1		ND	ST1115	I2	
8.k. Cucumber	mcr-1		E. coli	1		ND	ST744	I2	
8.l. Carrot	mcr-1		E. coli	1		ND	ST13	X4	
8.m. Tomato	mcr-1		E. coli	1		ND	STUT	I2	
8.n. Spinach	mcr-1		E. coli	1		ND	ST2253	I2	
8.o. Romaine lettuce	mcr-1		E. coli	1		ND	ST2705	HI2	
8.p. Leaf lettuce	mcr-1		E. coli	1		ND	ST6397	I2	
8.q. Pak choi	mcr-1		E. coli	1		ND	ST1196	I2	
9.Beet	mcr-1	2019-2020	E. coli	2	Chile	blaTEM, blaCTX-M		ND	[114]
10.a. Bean sprouts	mcr-9		Enterobacter						
10.b. Organic parsley	mcr-9	2020	ormaechei		US	blaSHV66	S11-1, S17-1, S45-4	ND	[115]
10.c. Organic baby spinach	mcr-9								

**Table 2.** Mcr genes reported in Gram-negative bacteria isolates from vegetables and fruit worldwide.

## Conclusions:

This review provides an understanding on fresh vegetables and fruits could be a major vehicle of transmission of multidrug resistant Gram-negative bacteria. Colistin has been widely used in animal production industry to enhance productivity and control diseases & these in turn led to the emergence of colistin resistance. This drug was almost stopped use to treat the human infection due to its potential side effects. But due to multidrug-resistant Gram-negative bacteria and the lack of potent new antibiotics to treat infections caused by these pathogens the use of colistin emerged as the drug of choice in clinical use for human. Fresh fruits and vegetables might have been underestimated as a vehicle of Gram-negative bacteria in spreading colistin resistant mcr-1 gene. Sustained surveillance of resistance in foodborne pathogens in the food chain, especially fresh vegetables and fruits, is urgent for preventing the transmission of mcr-producing Enterobacteriaceae to ensure the health of food consumers. Further investigations are required for monitoring such organisms in fresh vegetables and fruits to ensure food safety in all over the world and emphasizes the necessity of paying close attention to these products as a future public health issue.

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