

### **Psychology and Mental Health Care**

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# The new Dysfunctional Personality Model of the Dramatic Matrix (DPM-DM) and the Psychotic Matrix (DPM-PM): "Dramatic Personality Disorder" (DPD) and "Psychotic Personality Disorder" (PPD)

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### **Abstract**

According to the PICI model, there are six personality disorders in the neurotic area (anxious, phobic, obsessive, somatic, avoidant, and manic), and the diagnosis of psychopathological disorder is determined based on the persistence of certain dysfunctional traits present in the personality framework. Based on clinical experience and through the application of the IPM/PICI, Deca, PDM, PHEM and PPP-DNA models, it was found that all disorders in the neurotic area had anxiety traits in common and that symptoms of the six different disorders were often present in comorbidity. This assumption led to the hypothesis of a different and better way to group them into one all-encompassing category: "Neurotic Personality Disorder" (NPD). Based on this construct, it is suggested to perform the same nosographic operations for the other personality disorders, grouping 7 personality disorders (bipolar, depressive, borderline, histrionic, narcissistic, antisocial, psychopathic) from the psychopathological area related to Cluster B of DSM-5-TR and PICI-3 into "Dramatic Personality Disorder" (DPD) and 4 other personality disorders (delusional, paranoid, dissociative, schizophrenic spectrum) from the psychopathological area related to Cluster A of DSM-5-TR and Cluster C of PICI-3 into "Psychotic Personality Disorder" (PPD). This paper aims to suggest their use to facilitate psychopathological framing.

**Keywords:** neurotic personality disorder; anxiety; Panic; mania; obsession; compulsion; avoidance; phobia; dramatic personality disorder; bipolar; depressive; borderline; histrionic; narcissistic; antisocial; psychopathic; psychotic personality disorder; delirium; hallucination; paranoia; dissociation; pici-3

### 1.Introduction

The heterogeneous and intangible nature of psychiatric symptomatology has always generated problems of diagnostic certainty, in the absence of the use of biochemical laboratory parameters or instrumental examinations. To solve this clinical dilemma, already since the end of the first half of the last century, an attempt has been made to apply a rigid, nosographic approach in the classification of psychiatric disorders, so that a more objective diagnosis can be made, despite the limitations brought about by the rigidity of the method of investigation. Although diagnostic techniques have been perfected over the decades, including the use of validated psychometric instruments, several critical issues persist today that deserve attention. Currently, in psychiatry there are several classification methods, generally recognized by the scientific community, and the most widely used are the Diagnostic and Statistical Manual of

Mental Disorders (DSM-5-TR) compiled by the American Psychiatric Association and the International Classification of Diseases (ICD-11) issued by the World Health Organization, in addition to the attempt made through the Psychodynamic Diagnostic Manual (PDM-II) of the International Psychoanalytical Association, with a clear psychoanalytic matrix. [1-5]

Based on the need for greater awareness of psychopathological diagnosis and based on 5 basic principles, underlying the "Integrated Psychodynamic Model" (IPM) and the "Perrotta Integrative Clinical Interviews" (PICI) [6-13], now in the third version (PICI-3) [14], the "Decagonal Model" (Deca-Model) [15-16], the "Perrotta Defense Mechanisms (PDM)" [17-18], now in second revised versioon [19], and

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the "Perrotta Human Emotions Model" (PHEM) [20], now in second version [21], a new construct was identified that could reorganize the nosographic interpretation of neurotic area disorders, based on the "Perrotta Psychotherapeutic Protocol for Disorders of the Neurotic Area" (PPP-DNA). This new construct, crystallized in the "Dysfunctional Personality Theory of the Neurotic Matrix" (DPT-NM) and then in the corresponding model ("Dysfunctional Personality Model of the Neurotic Matrix", DPM-NM) was called "Neurotic Personality Disorder" (NPD) [22], with the characteristics of being able to distinguish between 6 specificities (Anxious, Phobic, Avoidant, Somatic, Obsessive and Manic) and several sub typicalities.

This construct, for the same needs, can also be extended to disorders not included in the neurotic area.

### 2. Dysfunctional Personality Model of the Dramatic Matrix (DPM-DM) and the Dramatic Matrix (DPD)

As with the neurotic model [22], a new restructuring of the individual types afferent to the dramatic area personality disorder is provided for the dramatic model (according to the DSM-5-TR) [23-103]. Based on the construct, below is the outline of the dysfunctional personality model that justifies the nosographic innovation of the matrix of "Dramatic Personality Disorder" (DPD) [Table 1].

Primary Disorder	Type or Specifications (of traits)	Sub-types	Description
Dramatic Personality Disorder	Bipolar [104]	Manic-depressive (or type I)	The subject has been suffering for more than 6 months from a manic-depressive condition, characterized by the alternation of medium-long cycles of manic and depressi-ve moods, capable of negatively impacting one or more complex spheres of his or her existence (personal, social, affective, work,), with symptoms that do not sponta-neously regress and that worsen the quality of life.
		Manic-dysthymic (or type II)	The subject has been suffering for more than 6 months from a manic-dysthymic condition, characterized by alternating medium-long cycles of manic and dysthymic, capable of negatively impacting one or more complex spheres of his or her existence (personal, social, affective, work,), with symptoms that do not spontaneously regress and that worsen the quality of life.
		Depressive- Hypomanic (or type III)	The subject has been suffering for more than 6 months from a hypomanic-depressive condition, characterized by alternating medium-long cycles of hypomanicity and depression, capable of negatively impacting one or more complex spheres of his or her existence (personal, social, affective, work,), with symptoms that do not sponta-neously regress and that worsen the quality of life.
		Hypomanic - dysthymic (or type IV)	The subject has been suffering for more than 6 months from a hypomanic-dysthymic condition, characterized by alternating medium-long cycles of hypomanicity and dysthymia, capable of negatively impacting one or more complex spheres of his or her existence (personal, social, affective, work,), with symptoms that do not sponta-neously regress and that worsen the quality of life.
		Mixed form (or type V)	The subject has been suffering for more than 6 months from a hypomanic-depressive condition, characterized by alternating medium-to-long cycles of mixed forms of manic/hypomanicity and depression/dysthymia, capable of negatively impacting one or more complex spheres of his or her existence (personal, social, affective, work,), with symptoms that do not spontaneously regress and worsen the quality of life.
	Depressive [105-106]	Sub-clinical (or type I)	The person has been suffering from a potentially clinically interesting condition for less than 30 days, in which he or she manifests depressive symptoms but in a milder or less impactful form than depressive disorders (e.g., premen-strual dysphoria, occasional seasonal dysphoria, adjust-ment deficit, brief depressive episode of less than 30 days). This condition is capable of negatively impacting one or more complex spheres of his or her existence (personal, social, emotional, work,), with

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			symptoms that do not spontaneously regress and worsen the
			quality of life.
		Danativa	The subject has been suffering for less than 12 months from a
		Reactive	reactive or situational condition that results in depressive
		(or type II)	symptoms of clinical interest and stems from an adjustment
			disorder that has been active and unpro-cessed for at least 30
			days (e.g., events during pregnancy, separation stressors or
			hypercontrol in postpartum, prolonged seasonal dysphoria,
			persistent bereavement with depressive symptoms for less than
			1 year, mala-djustment to the traumatic event). This condition is
			capa-ble of negatively impacting one or more complex spheres
			of his or her existence (personal, social, emotional, work,),
			with symptoms that do not spontaneously regress and worsen the
			quality of life.
			The subject has been suffering for less than 2 months from a
		Dysthymic	dysthymic condition resulting in depressive symptoms of
		(or type III)	clinical interest. This condition is capable of negatively
			impacting one or more complex spheres of his or her existence
			(personal, social, affective, work,), with symptoms that do not
			spontaneously regress and worsen the quality of life.
			The subject has been suffering for more than 2 months from a
		Chronic or Major	dysthymic condition resulting in depressive symptoms of
		(or type IV)	clinical interest. This condition is capable of negatively
			impacting one or more complex spheres of his or her existence
			(personal, social, affective, work,), with symptoms that do not
			spontaneously regress and worsen the quality of life.
			They are conditions of clinical interest, with a specificity
		Mixed "typical"	different from the pure forms of depressive conditions and
		form (or type V)	depressive disorder. They have a wide negative impact on the
			patient's life, such that their functioning is impaired to a large
			extent and they cause psychophysical distress and malaise.
			These are conditions of clinical interest, where the patient
		Mixed "atypical"	manifests depressive symptoms, without fully meeting all
		form (or type VI)	criteria or only the structural criterion, but at a more severe level
		(* 51	than the subclinical form. They have an extensive negative
			impact on the patient's life, such that his or her functioning is
			impaired to a large extent and he or she perceives
			psychophysical distress and discomfort.
			The subject has been suffering for more than 6 months from a
	Borderline	Unstable-impulsive	clinically relevant condition characterized by emotional
	[104, 107]	(or type I)	instability, impulsivity, and irrational fear of being abandoned,
	[107, 107]	(or type 1)	forgotten, or betrayed (in the absence of psychotic symptoms).
			This condition involves one or more complex spheres of his or
			her existence (personal, family, social, work) and the symptoms
			do not sponta-neously regress, worsening the quality of life.
			The person has been suffering for more than 6 months from a
		Aggressive-	clinically relevant condition characterized by unwarranted fear
		explosive	for self or others (in the absence of psychotic symptoms) and
		(or type II)	marked explosive aggression, under circumstances that are not
		(or type II)	
			objectively justifiable. This condition involves one or more
			complex spheres of his or her existence (personal, family, social,
			work) and the symptoms do not spontaneously regress,
			worsening the quality of life.
			The person has been suffering from a clinically relevant
		Emotional-humoral	condition for more than 6 months, characterized by a marked
		(or type III)	mood sensitivity that tends toward emotional fragility and need
			for attention, under circumstances that are not objectively
			justifiable. This condition involves one or more complex spheres

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	Seductive (or type IV)	The person has been suffering for more than 6 months from a clinically relevant condition, characterized by a need to use his or her body and sense for personal advan-tage, in the absence of
	(or type IV)	psychotic symptoms (delusions) and the absence of narcissistic behavior (manipulation to the detriment of others for one's
		advantage). This condi-tion involves one or more complex spheres of his or her existence (personal, family, social, work)
		and the symp-toms do not spontaneously regress, worsening the quality of life.
	Mixed form	The subject has been suffering for more than 6 months from a clinically relevant condition, characterized by a variety of historical symptoms that council he attributed avalance is to one
	(or type V)	histrionic symptoms that cannot be attributed exclusively to one type, but always in the absence of psychotic symptoms (delusions) and narcissistic behavior (manipulation to the
		detriment of others for one's advan-tage). This condition involves one or more complex sphe-res of his existence
		(personal, family, social, work) and the symptoms do not spontaneously regress, worsening the quality of life.  The person exhibits childish attitudes and behaviors, relative to
Narcissistic [109-110]	Infantilism (or type I)	age and context, consisting of poor intellectual and emotional maturity. This condition involves one or more complex spheres of his or her existence (personal, family, social, work), leading
	G 16. 1	to a deterioration in the quality of life.  The person exhibits selfish attitudes and behaviors, in
	Selfishness (or type II)	comparison with social expectation, age and reference context, consisting of over-characterization of his own needs compared to those of the people around him. This condition involves one or more complex spheres of his existence (personal, family, social, work), leading to a worsening of the quality of life.
	Egocentrism (or type III)	The subject exhibits egocentric attitudes and behaviors, concerning social expectation, age and context of reference, consisting of over-characterization of his own needs for those of the people around him, to their detriment (to selfishness that is realized without the need to take advantage of others' subjective positions). This condition involves one or more complex spheres of his existence (personal, family, social, work), leading to a
		worsening of the quality of life.  The subject has had a clinically relevant condition for more than
	Narcissism- Overt	6 months and he presents egocentric attitudes and behaviors, concerning social expectation, age and context of reference,
	(or type IV)	consisting of the use of active manipulation, the need to establish superficial and fun-ctional ties to obtain personal goals, to the detriment of others, needs for admiration and power, high self-esteem often unmotivated, arrogance and sense of superiority.
		This condition involves one or more complex spheres of his or her existence (personal, family, social, work), leading to a deterioration in the quality of life.
	Narcissism-Covert (or type V)	The subject has had a clinically relevant condition for more than 6 months and he presents egocentric attitudes and behaviors, concerning social expectation, age and context of reference,
	(01.0, pc 1)	consisting of the use of passive-aggressive manipulation, the need to establish bonds of control and dependence, even fictitious ones, need for attention and reassurance, low self-esteem often unmoti-vated or feigned only to attract attention,
		use of grievance and guilt to obtain one's advantages. This condition involves one or more complex spheres of his or her existence (personal, family, social, work), leading to a worsening quality of life.

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J. Psychology and Mental Health Care Copy rights Giulio Perrotta, The subject presents egocentric attitudes and behaviors, Narcissism- Mixed concerning social expectation, age and reference context, (or type VI) consisting of both overt and covert narcissistic modes, without a specific predominance or exclusively related to situational overactivations. This condition involves one or more complex spheres of his or her existence (personal, family, social, work), leading to a worsening quality of life. The subject manifests conduct in violation of social norms, Deviant which exposes him or her to the judgment of the relevant Antisocial [111-112] (or type I) community. He tends to maintain a generally expected profile, even if he is considered by his environ-ment to be a rebel or a compliant person, without, howe-ver, violating any legal norms or of low value to the criminal system. This condition involves one or more complex spheres of his existence (personal, family, social, work) and the consequences make the quality of life The individual manifests conduct in violation of legal norms, Criminal which exposes him or her to the judgment of the relevant (or type III) community and criminal sanctions of a punitive nature (economic and/or imprisonment of one's personal freedom). He fails to maintain a generally expected profile and is considered a criminal by his environment. This condition involves one or more complex spheres of his existence (personal, family, social, work) and the conse-quences make the quality of life worse. The subject has been affected for more than 6 months by a Psychopathic [111-112] constellation of specific affective, interpersonal, and behavioral characteristics, such as superficial charm, lack of empathy, the grandiosity of self, arrogance and haugh-tiness, need for continuous stimulation, pathological lying, manipulation use of violence, antisociality, beha-vioral dyscontrol, low tolerance of frustration with aggres-sive behavior in the face of criticism and failure, asso-ciated with high irritability and dysregulation, pro-miscuous sexual behavior, and early behavioral problems: all of which recall the instability of the borderline, the criminal behaviors of the antisocial, the fascination of the histrionic and the grandiosity of the narcissist, via the mood swings of the bipolar and the deflections of the depressed. This condition involves one or more complex spheres of his existence (personal, family, social, work) and the consequences make the quality of life worse. The subject presents a constellation of symptoms remi-niscent Mixed form of two or more types of disorders, but without having a specific characterization. Mixed forms are cha-racterized by being the result of two distinct profiles, unlike psychopathy, which has a multitude of symptoms but the predominance is antisociality and grandiosity, in essence, a narcissistic-antisocial condition with the pre-sence of borderline, bipolar and histrionic features. The multiplicity of symptoms may also involve the neurotic and/or psychotic spectrum.

Table 1: Dramatic Personality Disorder (DPD).

## 3. Dysfunctional Personality Model of the Psychotic Matrix (DPM-PM) and the Psychotic Matrix (PPD)

As with the neurotic model [22], a new restructuring of the individual types afferent to the psychotic area personality disorder is provided for

the psychotic model (according to the DSM-5-TR) [113-127]. Based on the construct, below is the outline of the dysfunctional personality model that justifies the nosographic innovation of the matrix of "Psychotic Personality Disorder" (PPD) [Table 2]. For all types of the psychotic spectrum the specifiers are applicable [Table 3].

Primary Disorder	Type or Specifications (of traits)	Sub-types	Description
Psychotic Personality Disorder [128-130]	Delusional	-	The subject has been suffering for more than 1 month from a clinically relevant condition characterized by one or more false or erroneous beliefs held firmly, in the presence of a real stimulus and concerning facts existing in real life, even though there are ele-ments that disconfirm one's interpretation of reality. When the delirium becomes structured in a resistant form and occurs in the absence of any real external stimulus, coloring itself with myste-rious, magical, bizarre, extravagant scenarios devoid of any con-crete or realistic foothold (in the absence of hallucinations), and thus is not the mere exaggeration of a real or otherwise realistic fact, it assumes the designation of "paranoia". The content of the delirium may take a variety of forms and contents (e.g., somatic delirium, religious delirium, nihilistic delirium, persecutory deli-rium, love delirium, sexual delirium, megalomania, delirium of guilt or sin) but never must have a bizarre and/or extravagant orientation (e.g., paranormal phenomena and/or extrasensory powers), in the absence or presence of altered perceptual states. In no case should there be any hallucination phenomena (understood as false perception in the absence of a real stimulus), Otherwise, the schizophrenic spectrum hypothesis should be considered. This condition involves one or more complex spheres of his existence (personal, family, social, work) and the symptoms do not spontaneously regress, worsening the quality of life. The duration of less than 1 month, and it is not recurrent, defines the diagnosis of a "delusional episode or psychotic slip of the delusional type".
	Dissociative	Internal	The subject has been suffering for more than 1 month from a clinically relevant condition characterized by one or more disso-ciative episodes, related to experiences of depersonalization (understood as perceptions of disconnection from one's body or mental processes, as if one were observing one's life from the outside). The subject feels detached from body, mind, feelings and/or sensations. The subject may also report feeling out of reality or like an automaton, with no control over what he or she does or says, and may feel emotionally or physically numb. In these cases, the subject may describe himself as an outside observer of his own life, or as a "dead man walking". If he or she presents bizarre and/or extravagant content one must refer to the schizophrenic spectrum in diagnosis. If it presents hallucinatory phenomena one must refer, in diagnosis, to complicated internal dissociative disorder. This condition involves one or more complex spheres of his existence (personal, family, social, work) and the symptoms do not regress spontaneously, worsening the quality of life. The duration of less than 1 month, and it is not recurrent, defines the diagnosis of a "depersonalizing dissociative episode or psychotic slip of the in-ternal dissociative type", complicated or not if there is the presence of hallucinations and there are no extremes for the diagnosis of schizophrenic spectrum.
		External	The subject has been suffering for more than 1 month from a clinically relevant condition characterized by one or more disso-ciative episodes, related to experiences of derealization (under-stood as perceptions of detachment from the surrounding environ-ment, including people and things, with a marked feeling of un-reality). If it presents bizarre and/or extravagant content, one must refer to the schizophrenic spectrum in diagnosis. If it presents hallucinatory phenomena one must refer, in diagnosis, to com-plicated external dissociative disorder. This condition involves one or more complex spheres of his existence (personal, family, social, work) and the symptoms do not regress spontaneously, worsening the quality of life. The duration of less than 1 month, and it is not recurrent,

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	subtype schizophranic spectrum disorder. This condition involves one or

		more complex spheres of his existence (personal, family, social, work) and
		the symp-toms do not regress spontaneously, worsening the quality of life.
		The duration of less than 1 month defines the diagnosis of "schi-
		zoaffective episode or psychotic slip-page of schizoaffective type or mixed
		bipolar form complicated by psychotic symptoms".
		The subject has been manifesting for more than 1 month of a clinically
	Pure	relevant condition characterized by psychosis (loss of contact with reality),
	(or	hallucinations (false perceptions), delu-sions/paranoia (false beliefs),
	Schizophrenia o	disorganized language and behavior, flattening of affectivity (reduced
	Mixed form)	emotional manifestations), cogni-tive deficits (impaired reasoning and
		problem-solving ability), and occupational and social malfunction. It
		represents the most severe form of psychotic disorder. This condition
		involves one or more complex spheres of existence (personal, family,
		social, occupa-tional) and symptoms do not spontaneously regress,
		worsening the quality of life. The duration of less than 1 month defines the
		diagnosis of an "episode of psychotic lability, with schizophrenic
		marking".
Psychotic	-	The subject presents a constellation of symptoms reminiscent of two or
mixed form		more types of disorders, but without having a specific characterization.
		Mixed forms are characterized by being the result of two distinct profiles.
		The multiplicity of symptoms may also involve the neurotic and/or
		dramatic spectrum.

Table 2: Psychotic Personality Disorder (DPD).

Specifier	Description
Primary disorder	The symptomatology described by the patient or the patient's medical history is determined by the psychiatric illness and not by other secondary illnesses (e.g., dementia, cancer), drug use, or as a result of taking drugs that cause the symptoms.
Secondary disorder	The symptomatology described by the patient or the patient's medical history is not determined by the psychiatric illness but by other secondary illnesses (e.g., dementia, cancer), drug use, or as a result of taking drugs that cause the symptoms.
Short Episode	The psychotic episode, consisting mainly of one or more psychotic symptoms, has a total duration of less than or equal to 1 week, in continuous form.
Recurring Episodes	Psychotic episodes, consisting mainly of one or more psychotic symptoms, have a total duration of less than or equal to 1 month, even if not continuous.
Chronic episode	The psychotic episode, which consists mainly of one or more psychotic symptoms, has a total duration of more than 1 month, in continuous form.
Presence or absence of hallucinations	The patient has in his or her medical history one or more episodes, even if not continuous, of hallucinations, regardless of form and content.

**Table 3**: Specifiers of the "Psychotic Personality Disorder" (DPD).

#### 4. Conclusion

This editorial completes the research work on the PPP-DNA clinical protocol of the nosographic hypothesis of "Neurotic Personality Disorder" (NPD), which is a synonym of cluster A according to the PICI model. According to what is reported in this publication, Cluster B of the same model can be named "Dramatic Personality Disorder" (DPD), while Cluster C can be named "Psychotic Personality Disorder" (PPD). Such new nosographies, with indications of the specific types and subtypes, have the task of facilitating the clinical interpretive process by encouraging a rationalization of structural and functional matrices (in dysfunctional terms) in psychodiagnostic terms. As was already the case with the research related to PPP-DNA and NPD, studies related to the diagnostic utility of these new nosographies are being carried out, using an adequate and representative population sample. Future perspectives

will therefore be related to the confirmation or not of the usefulness and thus the possible reorganization of the PICI-3, as a questionnaire to investigate functional and dysfunctional personality traits, into a more evolved and rational version (PICI-4).

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