

# Severe Urticaria Reaction in Energy Deficient Patient Post-COVID-19 Vaccine

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**Received date:** December 11, 2021; **Accepted date:** December 27, 2021; **Published date:** January 05, 2022

**Citation:** Huang Wei Ling (2022). Severe Urticaria Reaction in Energy Deficient Patient Post-COVID-19 Vaccine. *Dermatology and Dermatitis*. 7(1); DOI:10.31579/2578-8949/162

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## Abstract

**Introduction:** There are some reports in the literature demonstrating cases of urticaria reactions after receiving COVID-19 vaccine and they usually ask the patient to do not use the same vaccine again. In study written by me (2019) entitled The Importance of Treating Energy Imbalances and Chakras Energy Deficiencies in Patients with Chronic Urticaria Reactions, I am showing that what has in the background of patients with urticaria, is the lack of energy in the five internal massive organs.

**Purpose:** the purpose of this study is to show that patients with urticaria reactions post COVID-19 vaccine has energy deficient predisposing them to have this kind of reaction and the treatment of this condition, replenishing this lack of energy is important to treat the cause of this abnormal reaction and not just treating the symptoms.

**Methods:** through one case report of patient that had severe urticaria reaction 6 hours after receiving COVID-19 vaccine (Coronavac, having symptoms of giant red patches in the skin of the face, thorax, dorsum, upper limbs). She needs to go to the hospital and they said that her reaction was caused by the use of COVID-19 vaccine. She went to my clinic after this reaction due to other symptoms and I did the chakras' energy centers measurement.

**Results:** what I found was that she was in the lowest level of energy in all the chakras' energy centers (rated in one out of eight) with the exception of the seventh that was normal, rated in eight. Treatment using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and replenishment of these chakras' energy centers using homeopathy medications according to the theory created by me (2020) entitled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications were done.

**Conclusion:** the conclusion of this study is that patients with urticaria reactions after receiving COVID-19 vaccinations has energy deficiency in the background and the treatment of this condition, replenishing this energy, is very important to treat the cause of the urticaria symptoms and not just treating the symptoms, avoiding the use of the same vaccine or only using anti-histamine or corticosteroids medications.

**Keywords:** urticarial; energy; chakra; diet; traditional Chinese medicine; acupuncture homeopathy; hippocrates

## Introduction

Urticaria is a very common disease characterized by erythematous, edematous, itchy, and transient plaques that involve skin and mucous membranes. Many factors such as infections, medicines, food, psychogenic factors, and respiratory allergens are accused of etiology, but sometimes, it is idiopathic. There are some cases reported in the literature showing the possibility of urticaria reactions post COVID-19 vaccine [1].

## Purpose

The purpose of this study is to demonstrate that people that have urticaria reactions after COVID-19 vaccine have energy deficiency in the chakras' energy centers before the vaccination and the treatment restoring these

energy is important to treat the cause of the urticaria reaction and not just treating the symptoms, avoiding the use of vaccine or the use of other kinds of medications to treat the symptoms, such as the use of anti-histamine or corticosteroids medications.

## Methods

Through one case report of 36 years-old female patient that have history of severe urticaria reaction after 6 days using COVID-19 vaccine. She used at that time corticosteroids without improvement of his condition. She went to my clinic 3 months after this episode of urticaria reactions post COVID-19 vaccine. I measured all her seven chakras' energy centers using a crystal pendulum by radiesthesia procedure.

## Results

What I found was that all her chakras' energy centers and was complete deficient in energy, rated in one out of eight. The treatment using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture and replenishment of each chakras' energy centers using homeopathy medications according to the theory created by me (2020) entitled *Constitutional Homeopathy of the five elements Based on Traditional Chinese Medicine* and crystal-based medications were all very important to treat the root of the problem of the urticaria symptoms and not just treating the symptoms. The patient is still in treatment and this case was included in this study to show the energy alterations that this type of patients is having that is the energy deficiency state, leading to propensity to have a complication when receiving a shot of COVID-19 vaccine.

## Discussion

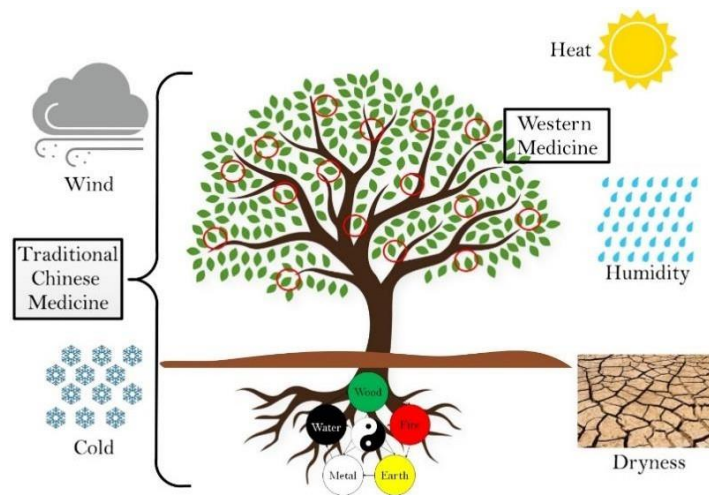
This specific study will be written following Hippocrates oath that said that "it is important is important to consider other ancient medical traditions prior to the knowledge we have nowadays". For this reason, I

will use traditional Chinese medicine's reasoning and knowledge to discuss what could be happening in this specific patient to have this severe evolution after receiving COVID-19 vaccine [2].

All this kind of reasoning began in 2006, when I treated one specific patient that improved from his leg pain condition after I did the energy balance treatment using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture. But he told me that he had also improved from another condition that he was not aware, that was the intra-ocular pressure that for the first time of his life, went from 40 to 17 mmHg [3].

After this case, I began as a researcher in the Sao Paulo University in Brazil (2013-2014) to show how the treatment of energy imbalances could reduce the intra-ocular pressure of patients suffering from glaucoma condition [3].

I began to participate in a variety of medical conferences worldwide to show the importance to treat the root level and not only the leaf level of the tree, showed in the Figure 1 [4].



**Figure 1:** Tree metaphor showing the different viewpoints between Western and traditional Chinese medicine.

In this tree, I am saying that all the treatments made by Western medicine's physician are in the leaf level of the tree and each branch of this tree is symbolizing each medical specialty [5].

What traditional Chinese medicine's reasoning understand is that the symptoms manifested in the leaf level are only the symptomatology of what it is wrong in the root of this tree, that are invisible by the naked eyes, because they are under the earth. This tree also suffers influences of the external pathogenic factors that are Cold, Wind, Heat, Humidity and Dryness (that are usually not considered to be factors that can induce the

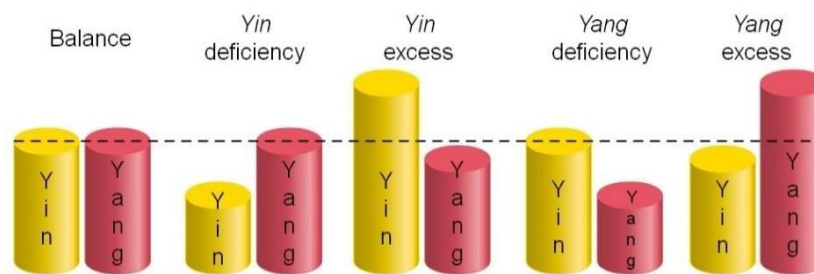
formation of diseases, when searching for the cause of the formation of diseases in the leaf level of symptoms appearance) [4].

In the root of the tree, there are two theories that are the cornerstone of all traditional Chinese medicine that are the *Yin* and *Yang* and the Five Elements theory [4].

*Yin* and *Yang* are two opposite and complementary forces that exists in our universe, including in the human being. All the treatment that I do in all kinds of diseases nowadays are based on the regulation and balance between these two energies, as you can see in the figure 2 and 3 [6].



**Figure 2:** Yin and Yang symbol

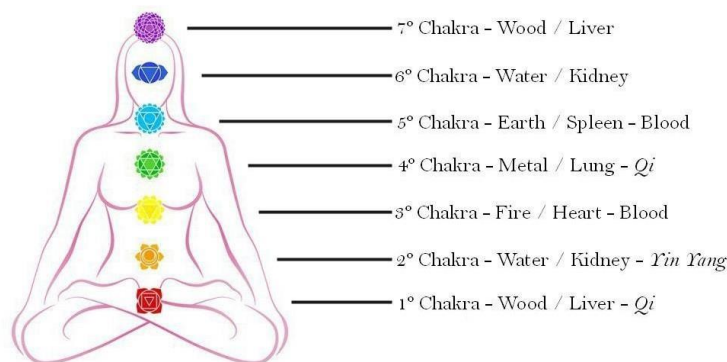


**Figure 3:** Yin and Yang balance state and their diverse imbalances state situations leading to the formation of so many diseases.

The second theory in the root level is the five elements theory, very important theory to understand what is the energy that it is maintaining our body, organs and systems to survive. According to this theory, the five elements that corresponds to Wood, Fire, Earth, Metal and Water have their representation inside the human body. For example, the internal massive organs that is representing these elements are Liver, Heart, Spleen, Lungs and Kidney respectively and each internal massive organ is representing the functioning of one external sensorial organ. To you to understand, the Liver is responsible for eye and vision and also, responsible for the distribution of energy (*Qi*) inside the body. The Heart is responsible for communication and sleeping process and for controlling

the flowing of Blood inside the blood vessels. The Spleen is responsible for the absorption of nutrients and formation of Blood and also, for the sense of taste. The Lung is responsible for the sense of smell and responsible for the distribution of energy (*Qi*) and the Kidney is responsible for the *Yin* and *Yang* production and the ear and hearing process [7].

All these representations can be seeing in the Figure 4, correlating the chakras' energy centers and the five elements and their energy production to the maintenance of our health [4].



**Figure 4:** Chakras' energy centers and the five internal massive organs that they command and the energy that they are responsible to produce (*Yin, Yang, Qi* and Blood)

What I want to say in this article is that patients that are having complications after receiving COVID-19 vaccines have energy deficiency

in the five internal massive organs as I showed in the article entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to*

SARS-CoV-2 Infection and in the article wrote by me (2020) entitled *The Importance of Treating Energy Imbalances and Chakras Energy Deficiencies in Patients with Chronic Urticaria Reactions Allergy drugs* [8, 9].

The result of the study in the chakras' energy centers evaluating 1000 patients during 2015 and 2020, was that the majority of the patients have chakras' energy centers in the lowest level of energy, prior to COVID 19 pandemic [8].

When the patient has this condition of chakras' energy centers without energy, there is a formation of internal Heat that is causing the redness in the skin and the plaques in the skin. What I noticed in my clinical practice is that patients that have internal massive organs deficient in energy and have urticaria reactions after eating specific foods or have urticaria after emotional issues, when this patient treats this condition of lack of energy inside the internal massive organs, the patient will improve or even cure this disease in the root of the tree and not just treating the manifestation of this symptoms using corticosteroids and anti-histamines medications [9].

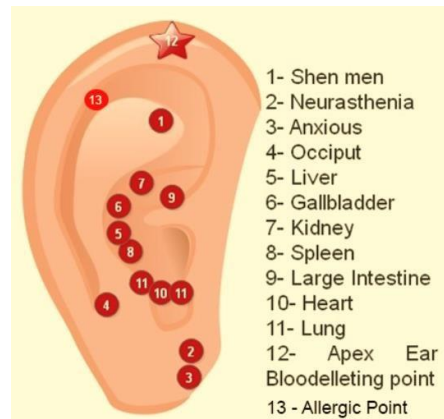
To have this energy balance state between *Yin, Yang, Qi* and Blood, it is important to treat the cause of these energy alterations, that the wrong eating habits is causing in these patients. Also, the balance between the five elements or the five internal massive organs are very important to maintenance of our health [4, 6].

For this reason, the first step in the treatment was to change the wrong eating habits to absorb adequately the nutrients by the Spleen and pancreas meridian, responsible for the formation of Blood and control the Blood flow inside the blood vessels. The foods that was orientate the patient to avoid was the ingestion of raw food, cold water, dairy products and sweets [4].

The foods that I usually orientate to avoid (to prevent the Kidney energy deficiency) is the ingestion of coffee, soft drinks and mate tea [4]. The third group of foods that I usually orientate to avoid was the ingestion of fried foods, eggs, chocolate, honey, coconut, alcoholic beverages, melted cheese (to prevent the imbalance in the Liver and Gallbladder meridian and also, the formation of more internal Heat) [4].

According to Hippocrates, "make your food your medicine and your medicine your food." [4]

The second step used in this treatment was the use of acupuncture and auricular acupuncture associating with apex bloodletting to rebalance the *Yin, Yang, Qi* and Blood condition and take out the Heat, responsible for the inflammatory process in urticaria formation. The meaning of each auricular acupuncture points used in this treatment was showed in the article written by me (2018) *How Do You Treat Back Pain in Your Practice? Part 2*. The auricular acupuncture points used in her treatment is shown in the Figure 5 [10].



**Figure 5:** Auricular acupuncture points used in the treatment of urticaria reactions.

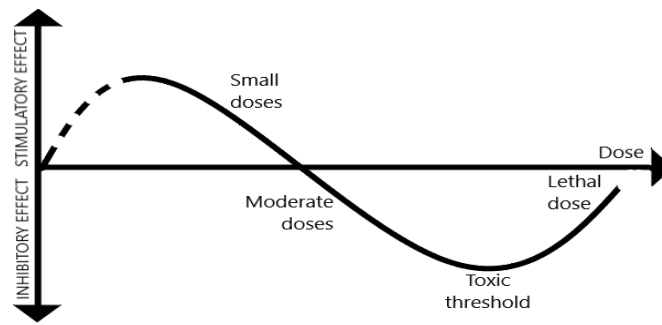
And the last step sued in her treatment was to replenish the internal five massive organs using homeopathy medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and crystal-based medications [9].

In China, when patient have energy deficiency in any of the five internal massive organ, they usually prescribe the use of Chinese herbal medicine, associating with others Chinese medicine's tools. But as I live in Brazil, it is more difficult to find Chinese herbs and for this reason, I began homeopathy course in 2015. What I realize during my course was that homeopathy is a very good medication to be used in the new type of population that we are having nowadays, as I wrote in the article *Is the Population in the World the Same as in the Past?* [11]

In this article, I am saying that due to the modernization of telecommunication and other factors such as the wrong eating habits, the new pattern of energy in the human body is to have no energy inside the internal massive organs [11].

In another webinar that I participated in 12<sup>th</sup> Webinar on Healthcare-Health economics and Policy that was held on February 09, 2021 in London, UK, the title of my presentation was: To Know Which Medicine We Should Prescribe, we need to know what type of Patient we have nowadays. For this reason, knowing that the type of population that we have nowadays are energy deficient pattern, it is important to use more highly diluted medications instead of highly concentrated medications [12].

The medications that we need to use in this type of population is the medications that can induce increase in the vital energy, as I am showing in the Arndt Schultz law (Figure 6) , created in 1888 by two German researchers that said that the use of highly concentrated medications can decrease the vital energy and the use of highly diluted medications can increase the vital energy and it is this result that we need in all types of patients and treatments nowadays. [5, 9]



**Figure 6:** Arndt Schultz Law

The homeopathy and crystal-based medications used to replenish the chakras’ energy centers were described in the Table 2 [5, 9].

Chakras	Five Elements	Homeopathy Medications	Crystal-Based Medications
1° Chakra	Wood/Liver	Phosphorus	Garnet
2° Chakra	Water/Kidney	Natrum Muriaticum	Orange calcite
3° Chakra	Fire/Heart	Sulphur	Rhodochrosite
4° Chakra	Metal/Lung	Silicea	Emerald
5° Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6° Chakra	Water/kidney	Tone 2° chakra	Sodalite
7° Chakra	Wood/Liver	Tone 1° chakra	Tiger eye

**Table 2:** Homeopathy and crystal-based medications.

The use of this kind of medication should be used for a period of one year or more but I think , according to the clinical experiences during all these years, is that the patient will need to use constantly this kind of medication as a kind of fuel for the body, to all organs work appropriately and do not stop to work due to energy deficiency, as showed and demonstrated in the article wrote by me (2021) entitled *Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection* and in another article entitled *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID 19?* [8, 13].

To finalize this article, I would like to say that all tools used in the treatment of energy (homeopathy and acupuncture) were recognized by the Brazilian Medical Council since 1980 and 1995, respectively [14].

To understand better what it is happening inside the patient’s body when they are presenting urticaria reactions after receiving COVID-19 vaccine, it is important to understand that the human being is made by energy and not only matter, studied by Western medicine. The energy alterations that is occurring in the human being, is studied by traditional Chinese medicine and for this reason, it is important to have these two kinds of medicine in the mind, Western and traditional Chinese medicine, as I am showing the metaphor of *Yin* and *Yang*, in the Figure 7, to understand what is happening in the leaf level and the root level of the tree, showed in the Figure 1 [4, 5, 9].



**Figure 7:** Metaphor of *Yin* and *Yang* of traditional Chinese medicine and Western medicine.

**Conclusion**

The conclusion of this study is that patients with urticaria reactions after COVID-19 vaccine have energy deficiency in the chakras’ energy centers

and the treatment of this condition prior to vaccination or after the vaccination can reduce the side effects of vaccine and also, can reduce the formation of all chronic diseases nowadays, that have in common, chakras’ energy centers deficient in energy.

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