

Discussion of medicine with the patient and relative

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Abstract

Pre discussion of medicine and running time discussion of medicine and post discussion of the used medicine is important for treatment. In third world countries doctors mostly use medicine with their own knowledge and they most of the time don't discuss the details of the medicine though nowadays only from the internet people can know about the medicine. Doctors mostly show themselves as God here. They don't share their experience and feelings with the patient mostly though some doctors are exceptional. In India all the common doctors treat patients as they know everything but the absolute thing is that by chance the patient becomes well by their treatment. Only few doctors are there who read or update them regularly, most of the doctor's gain experience by working or by experimenting with the patient by giving medicine without knowing the full effect of the medicine in the body. It is quite impossible to remember a person's activity after looking at 50 people's activity after one week. Then how can a doctor remember you properly? So here the doctors are businessmen and patients are customers. If we want to cure ourselves then we must take the help of mobile phones and the internet to record our body's activities and by taking some help of a group of doctors we can cure ourselves.

Keywords: medicine; treatment; doctors; discussion; patient

The most important thing to cure a patient is medicine. The doctor uses the medicine properly to cure the patient. It is important for doctors to know about the medicine. If a doctor knows the effects and side-effects of a medicine properly then he or she can use medicine in proper treatment. Now I want to say that if the doctor can discuss the medicine properly to the patient or patient party then proper treatment can happen. The problem is that the medicine which is used by the doctor is not known to the patient or their relatives. Doctors mostly in India look at the patient and give medicine for the disease as the disease cures the patient and stops taking medicine. So that is a one-way treatment. It can be helpful for us but here the doctor and patient relationship becomes good or bad as per the patient's cures or not. Here the patient can't know the side-effects of the medicine properly or future effects of the disease properly. If the doctor discusses the disease with the patient directly for the motivation of the patient, he discusses the medicine he gives with its effect and side-effects, then we can get the proper treatment. From the website if we can know all the effects and side-effects of all the medicine with their scientific names then we can use the medicine properly ourselves. By a phone we can take pictures of our body parts which show deformities and send it to the board of doctors and they suggest the medicine and after using it we

can be well. No medicine can be wrongly manufactured. If there is any defect in a medicine then it should be banned. There are three discussions with the patient and doctor. One is before giving the medicine. Where the doctor motivates the patient and his relatives and discusses with them about the medicine which can cure the patient and its effect, side-effects and duration of use. If the doctor forgets the medicine, then the patient or relative can say the use of the medicine given. So, the doctor must keep a document on his side and give another to the patient and all the used medicine must be written and its effects and side-effects and terms of use with time or duration of use. Second is running time use of medicine. Every day the doctor can see the effects or side-effects of the medicine from the patient or relative and note it on his side. This running time medicine properly can change the future of the patient. If there is some problem, then the doctor withdraws the medicine and starts a new one. So always the patient or relative must be informed about medicine and treatment. The Indian system doesn't follow that type of treatment as I have noticed. Third is the after-time use of medicine where the information of the post disease is properly given to the patient. The medicine may create some problem after use which was not known so that must be noted and discussed with the patient or relative.