

Safety of eyes in infants and babies during Breast feeding

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Abstract

An awareness study about the Eye safety while breast feeding in small children and infants, as there are always chances of an eye injury to the baby with the hook of mother's blouse. In India blouse is a traditional top women used to wear mostly.

Keywords: blouse; breastfeeding; infants; lid laceration; corneal tear

Abbreviations: Blouse is a traditional top which has been worn in pan India

Introduction

A four days old baby girl reported to our hospital in emergency followed by an injury with a hook of a blouse. On examination she was diagnosed small lid tear at upper lid. Baby's mother told that she was feeding her and suddenly she moved her head and blouse hook scratched the upper lid.

She then taken to Operating room and tear sutured under topical anesthesia. Baby's recovery was fast and uneventful on subsequent follow ups. As an eye health care provider we noticed that there are lots of trauma cases are being reported to us with history of injury with a hook of blouse

while breast feeding to their babies. This is typically happening with the blouse only because in rural part women do veil and due to veil women some time cannot see well that hook comes very close to the baby's eye and causes trauma. So we decided to start an awareness campaign in our cataract screening camps. This awareness made an huge impact which could avoid such injury.

<https://www.esrcs.org/paris2019/programme/posters-details.asp?id=33353>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3729650/>

Materials and Methods

Routine Instruments like Torch, Hand held slit lamp and Operating Microscope and surgical instruments set for trauma repair.



Results and Discussion

Early surgical interventions gave very good results in terms of good contour of lid and Corneal shape although visual outcomes were yet to be measured but in subsequent follow-ups babies look comfortable.

Conclusion

We need to spread this message in our society that mothers have to be extra careful while feeding their child. Even our Gynecologists should also explain the soft stretchable cloth top without hooks or pins to avoid any trauma.

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Conflict of interest

There is no conflict about it.

Financial Interest

There is no financial interest to do the study.

Reference:

1. European society of cataract & refractive surgeons. (2019). 37th congress of the European society of cataract & refractive surgeons.
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