

Energy Alterations in Patient with Osteogenesis Imperfecta

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Abstract:

Introduction; Osteogenesis imperfecta is according to Western medicine, a disorder of the connective tissue caused by an abnormal synthesis or processing type I collagen of genetic origin, a protein that is important to strengthen bones. The clinical manifestation of this problem can cause blue sclera, short stature, and deafness in adulthood, dentinogenesis imperfecta. In traditional Chinese medicine (TCM), osteogenesis imperfecta is related to Kidney energy deficiency (second chakra).

Purpose: the purpose of this study is to show that patients with osteogenesis imperfecta has energy deficiency in the Kidney energy (second chakra) and the treatment of this condition, replenishing this energy using highly diluted medications is very important to treat the root of the problem and not just treating the symptoms.

Methods: through one case report of 30 years-old man with history of several fractures since childhood. He went acupuncture clinic to treat his anxiety symptoms and I saw that his sclera was blue. Treatment was done using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture. Radiesthesia procedure were used to measure his chakras' energy centers.

Results: All his chakras' were in the lowest level of energy, including the second that was the Kidney, responsible for the bone and teeth. The treatment began replenishing this chakras' energy centers using highly diluted medications, such as homeopathies, according to the theory created by me (2020) entitled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications.

Conclusion: through this case reported in this article, I can say that patient with osteogenesis imperfecta has energy deficiency in the five internal massive organ, especially in the Kidney and the treatment of these energy deficiency, is very important to treat patients with osteogenesis imperfecta in the deepest level, in the energy point of view.

Keywords: osteogenesis imperfect; energy; kidney; diet; traditional chinese medicine; Hippocrates; homeopathy

Introduction:

According to Western medicine, osteogenesis imperfecta is genetic disorder characterized by fragility of the bone and other tissues caused by defects associated with qualitative and quantitative type 1 collagen and alterations in the protein that are important to process the collagen type 1. [1]

The incidence of osteogenesis imperfecta is 1/15.000-20.000 and it is common to see in this patients, growth deficiency, bone deformities, fractures with high frequency and fragility of the bones. [2]

I will use to write this article evaluating the patients with osteogenesis imperfecta using traditional Chinese medicines' reasoning, explaining

what could be behind patients with osteogenesis imperfecta, that could not be related to genetic disorder but only energy deficiency in the internal massive organs in traditional Chinese medicine's reasoning, that could lead to this evolution and how we could treat this condition. [3]

Purpose:

The purpose of this study is to show that patient with osteogenesis imperfecta diagnosis have energy deficiency in the five internal massive organs that can lead to this condition and I want to show that we can treat this energy deficiency state using tools in traditional Chinese medicine and highly diluted medications such as homeopathies according to the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine to increase this reduced energy state to

fortify the energy of these patients and increase the bone density reducing in this case, the chance of fractures.

Methods:

Through one case report of 33-year-old male patient (H.J.), he went to do acupuncture sessions to try to improve his anxiety symptoms that was causing problems to his life. When I did his physical examination, I realized that his sclera was blue and I asked him to say about this alteration in the sclera. He said that he had diagnosis of osteogenesis imperfecta since when he was two years-old (1990), when he had a history of first fracture (right foot) playing soccer. At that time, he went to a hospital and the doctor said that it was not normal to kick the ball and generate a fracture in his foot.

After this first episode, the patient said that he had many other episodes of fractures only with lighter falls accompanying by a lot of pain but he cannot remember all episodes of fractures.

When he was 12 years-old, he fell off the bike and fell on his back and crushed the fifth, sixth and seventh vertebra of the spine. He was hospitalized and need to use a vest for a long time, he lost hair at that period.

When he began to use skateboarding, he fell several times and also, had many other fractures (six or seven times).

The falls that cause the fractures were normal falls, when he was walking in the street and sprained the foot and fracture the ankle (usually the metacarpal of the toes). After he was 18 year-old, he stopped to have fractures (or were less constant) although he was in high risks sports, it reduced to less than 60%, and what he felt was that osteogenesis in that period “stopped to growing” or the bone “stopped being weaker”.

The last fracture that he can remember was when he was 18-years-old, when he was riding the bike and he fell and broke the metacarpal of his right hand. After this episode, he said that he did not have any serious fracture injuries. He had until today (2021) about 22 to 24 fractures.

After 20 year of age, the fractures stopped to occur but what he felt was an abnormal ligaments injury after this period. He felt that the ligaments were all affected like they were unstable and weaker.

And usually when he goes to the ophthalmologist, they usually do not do the diagnosis of osteogenesis imperfecta, even the sclera is blue and they did not tell him anything.

Now, he has a son that also have osteogenesis imperfecta and they are studying him at the University of São Paulo, only collecting information and doing research, but they say that it does not have any medication to treat this condition, according to what they told him.

His Chinese medicine’s diagnosis was Kidney Yang deficiency, Qi deficiency and Heat retention.

I did the Chinese dietary counseling orientating him to avoid the ingestion of dairy products, raw food, Cold water and sweets (to do not imbalance the Spleen-pancreas meridian). The second group of foods that I orientate him to avoid was the ingestion of coffee, soda and matte tea (to avoid the imbalance and deficiency of the Kidney meridian). And the third group of foods to avoid was the ingestion of fried foods, eggs, honey, coconut, melted cheese, alcoholic beverages and chocolate (to do not imbalance the Liver and Gallbladder meridian).

I also did the chakras’ energy centers measurement and what I found was an extremely lack of energy in the chakras’ energy centers (from one to

seven, all the chakras’ were in the lowest level of energy, rated in one out of eight, with the exception of the seventh chakra, that was normal, rated in eight).

The tools used in his treatment was auricular acupuncture with apex ear bloodletting and systemic acupuncture, twice a week.

It was prescribed homeopathy medications according to the theory created by me (2020) entitled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications, to use for a period of one year or more or probably for the entire life.

Results:

As the patient went to my clinic to treat his emotional symptoms and not the osteogenesis imperfecta, what I did in his treatment was to rebalance all the internal energy and replenish all the internal five massive organs with energy through the use of highly diluted medications (homeopathies according to the theory Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine) and his emotional symptoms were improving with the treatment done. The results for the ontogenesis imperfecta treatment were not noticed because as we were in the COVID-19 pandemic, the patient did not return very much to do his acupuncture sessions and for this reason, it was not possible to evaluate this kind of improvement.

Discussion;

This article will be written following Hippocrates thoughts that said “foolish the doctor who despises the knowledge acquire by the ancients” [4]

For this reason, I will use concepts in traditional Chinese medicine that exists for more than 5000 years, to explain what could be happening in the patients with osteogenesis imperfecta that Western medicine cannot understand until now, because all the alterations in these patients are in the energy level, invisible by the naked eyes. This part is not studied by Western medical faculties because they understand that this is a “mystic” part that is considered unscientific and for this reason, they cannot understand until today, what is causing this alteration, that is not only genetic disorder, but has an energy alteration in the back ground. [5]

Since 2006, I am treating all kinds of diseases following the thinking used in the treatment of one specific patient and I will briefly tell you his history. He was a 70-years-old man that was treating pain in the legs with no improvement using anti-inflammatory medications for the last 6 months. He searched another treatment in my clinic and improved very much his condition of leg pain after ten acupuncture sessions twice a week. After this treatment, he returned and said that he also improved from another condition that he did not tell me, that he was treating glaucoma for the last 40 years, with no improvement of his condition of high intra-ocular pressure, always above 40 mmHg. For the first time of his life, his intra-ocular pressure reduced from 40 to 17 mmHg. [6]

Since then, I began to treat all my patient treating the energy imbalances that is under the earth (that is not seeing by the naked eyes), in the tree metaphor (Figure 1), that I usually use in all my articles and presentations in many conferences worldwide. [3]

To you to understand better, I will demonstrate the different perspectives between Western and traditional Chinese medicine, to you to know how we can help patients with osteogenesis imperfecta and understand what could be happening in all these patients that are suffering from this disease and that still do not have treatment nowadays, according to Western medicine perspective, as you can see in the Figure 1. [7]

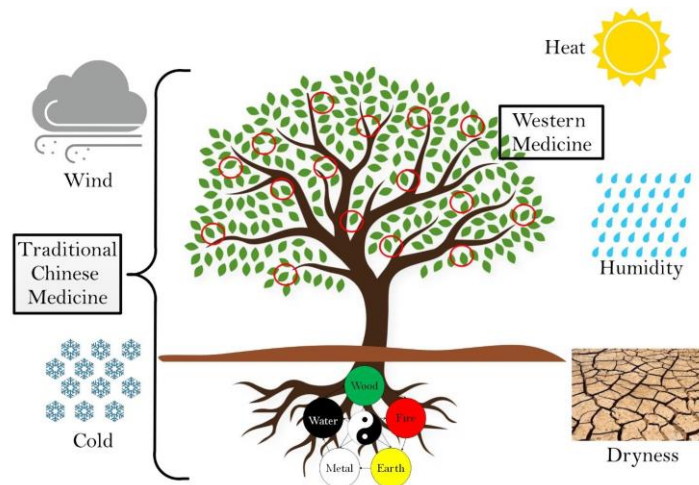


Figure 1: Tree metaphor showing the differences between Western and traditional Chinese medicine's point of view.

The part of the tree that are above the earth is what we can see by the naked eyes and it is what Western medicine is treating nowadays. This tree has a trunk with several branches. Each branches means one medical specialty and coming out of each branch, you can see many leaves. Each leaf represents one disease treated by each medical specialty. In the case of osteogenesis imperfecta, the diagnosis and treatment of this disease is made in the leaf level and what I will show you in this article, is that patients with osteogenesis imperfecta, has alteration not in the leaf but in the root of the tree, that we usually not take into account, when we study the patients, because all this alterations in the root, is not taught in the medical schools, mainly after the implementation of Flexner report, in

1910, where after this implementation, they considered scientific only what they could see by the naked eyes and cutting the human being into the half, because all the energy alterations were not considered in the diagnosis and treatment of diseases nowadays, and only making the diagnosis in the phase four and five of the formation of health to disease, as showed in the Table 1. In the first three phases, there is only energy alterations and the patients has symptoms but there are not alterations in the laboratory and radiological level. The diagnosis in Western medicine is usually delayed because to have alterations in the laboratorial exams, there is the necessity of five years or more of energy imbalances. [5, 8]

Phase	Organ	Exams	Energy Reserve	Symptom
1	Slowing down of organs functions	Normal	Normal	Without critical symptoms
2	Slowing down of organs functions	Normal	Consumption of internal energy reserves	With symptoms in other organ
3	Slowing down of organs functions	Normal	Consumption of external energy reserves	With symptoms in same organ
4	Reversible cellular lesion	Little alterations	Consumption of blood reserves	Curable disease
5	Irreversible cellular lesion	Excessive alteration	Metabolic exhaustion	Incurable disease

Table 1: Progression from health to disease.

What I want to emphasize in this article, is that patients with osteogenesis imperfecta has alterations in the root of the tree, as I showed in the beginning of the discussion section, of patient with leg pain and glaucoma.

As I was not aware that the patient had glaucoma but only treating the energy imbalances in the root of the tree, it was possible to treat all the patient conditions at the same time, in that case pain in the legs but in another branch, there were another problem that was also

treated because the cause of both problems were the same, that were the energy imbalances of Yin and Yang and in the Five Elements theory, that I will discuss now. [6]

Yin and Yang are two forces that exists in our universe and inside the body of the human being. They are represented by man and women, day and night, summer and winter, sun and moon, etc. They need to be in harmony and in a balance state, as you can see inn the Figure 2. [7]



Figure 2: Yin and Yang symbol.

All the treatment in Chinese medicine aims to balance these two forces and the disequilibrium between them, such as Yang bigger than Yin or vice-versa, can induce the formation of diverse disease, as you can see in the Figure 3. [3]

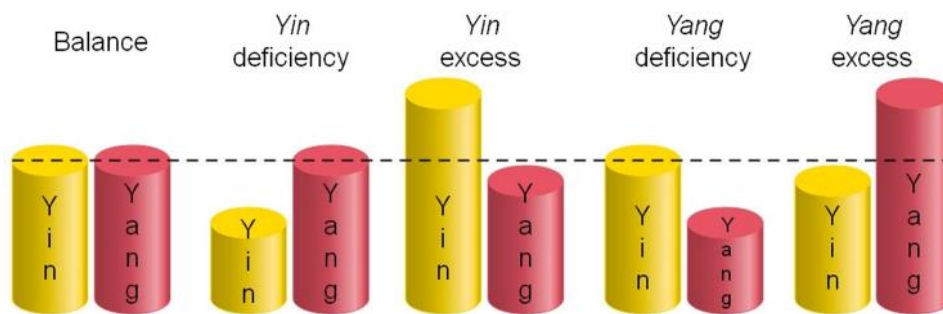


Figure 3: Balance and imbalance state between Yin and Yang energy.

According to Chinese medicine, many different diseases can come from the same energy imbalances and the same disease can also come from different energy imbalances. [9]

The second theory that has in the root of the tree, is the Five Elements that is the cornerstone of all treatments in Chinese medicine. In this theory, they say that all the things that exists in our Universe is represented by the five elements such as Wood, Fire, Earth, Metal and Water and these elements has their representation inside the human body. The organs that

represent the five elements are Liver, Heart, Spleen, Lung and Kidney respectively and they do not work independently and separately (like what Western medicine think, according to the thoughts of Galen, the medical doctor from Greece, that existed 500 years after Hippocrates, and it is influencing the way of thinking of Western medical schools until today). According to traditional Chinese medicine, one internal massive organs is responsible for one external sensorial organ and they send energy to the following organ, according to the generation cycle, as you can see in the Figure 4. [7]

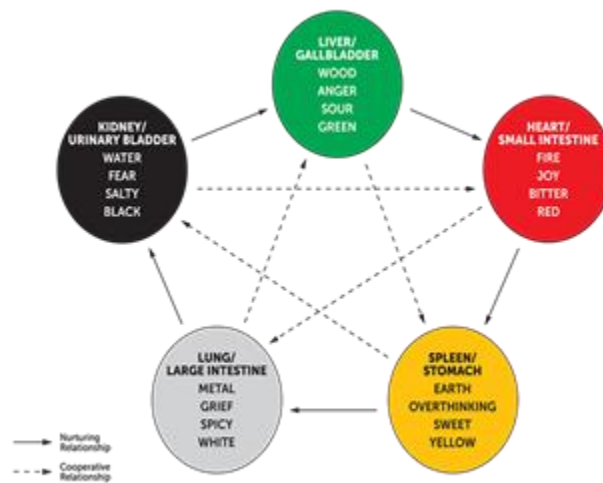


Figure 4: Five Elements

Each element is responsible for one external sensorial organ and for some tissues, as you can see in the Table 2. [3]

	Wood	Fire	Earth	Metal	Water
Orientation	East	South	Middle	West	North
Season	Spring	Summer	Late Summer	Autumn	Winter
Climate	Wind	Summer Heat	Dampness	Dryness	Cold
Cultivation	Germinate	Grow	Transform	Reap	Store
Yin organ	Liver	Heart	Spleen	Lung	Kidney
Yang Organ	Gall Bladder	Small Intestine	Stomach	Large Intestine	Bladder
Orifice	Eye	Tongue	Mouth	Nose	Ear
Tissues	Tendons	Vessels	Muscles	Skin & Hair	Bones
Emotions	Anger	Joy	Pensiveness	Grief	Fear
Colors	Blue/Green	Red	Yellow	White	Black
Taste	Sour	Bitter	Sweet	Pungent	Salty
Voice	Shout	Laugh	Sing	Cry	Groan

Table 2: Five Elements and the representations of organs and tissues.

If you look at this table, you can see that each element is responsible for one external sensorial organ. For example, if the patient has eye problem, the cause of the problem is not in the eye but in the Liver, as I am showing in many other articles I (2019) wrote about disease in the eyes such as in the article The Importance of Correcting Energy Imbalances and Chakras Energy Deficiencies in the Treatment of Patients with Glaucoma. In this article, I am showing that patients with glaucoma have in common, energy deficiency in the five internal massive organs (that is correlated with the chakras' energy centers in some studies such as in the study wrote by Chase (2018) entitled The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use). [6, 10]

In the case of patients with bone problems, the energy alteration that is affecting this problem is in the Kidney (second chakra) and in this patient reported in this article, his second chakra were in the lowest level of energy, leading to a weakness state of the bone, as I am demonstrating in the article I (2021) wrote entitled What is Behind Every Fracture We Need to Know? In this article, what I am saying is that patients with any kind of fractures have energy deficiency in the Kidney energy meridian that is the internal massive organ that is responsible for the health of the bone. But this organ is not only responsible for the bone but for the youth, hearing, memory and concentration, teeth, bones, reproduction and sexuality. All these functions are governed by the Kidney (second chakra) and the treatment of all these conditions, need to tone the Kidney to

improve the energy of this organ, that is weak, showed in many articles article written by me, such as in the article entitled Why Patients with Knee Pain Still Have Symptoms Despite the Use of Anti-inflammatory Medications. [11, 12]

The alterations in the Kidney energy can come from two different ways. The first is the constitutional lack of energy that is the reduced energy state from the parents of this patient before the conception. After the birth, the Kidney energy will depend on the type of foods usually ingested by the patient, quantity of water that the patient is ingesting and the temperature (if Cold or Warm water), the time of sleeping (better at 9 PM) and the time that this patient is spending on his work every day (about 8 hours daily). The excessive sexual intercourse and frequent ejaculation is another kind of waste in the Kidney energy and it is better for women to have oral sexual intercourse than genital, as described in the book written by Lai (2001) entitled The Sexual Teachings of the White Tigress. [13]

The way man is wasting the Kidney energy through sexual intercourse is excessive loss of ejaculation and there are some Taoism exercises for man, to try to have less loss of Kidney energy, preventing the ejaculation during the sexual intercourse and achieving orgasm, as showed in the book written by Chia and Winn (1984) entitled Taoist Secrets of Love: Cultivating Male Sexual Energy [14]

The medications used to treat this energy deficiency in the Kidney needs to include all the medications to treat the whole system, that is very

compromised, showed in the article written by me (2021) entitled Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection, because I am demonstrating in this article a research that I did in my clinic in Brazil, showing that more than 90% of all my patients studied (1000 patients from 2015 to 2020), are in the lowest level of energy in the five internal massive organs, such as Liver, Heart, Spleen, Lungs and Kidney, meaning that the majority of our patients are immune compromised and not immune competent , as we are thinking that we are. All this information is described in the article are we vaccinating immune competent or immune compromised patients for COVID-19? [15, 16]

I am using my result as one sample of what could be happening in the whole world, because all this lack of energy is affecting the whole population in the globe because of the influences of the electromagnetic radiation from the modernization of the telecommunication of the 5G technology. [16, 17]

To treat this lack of energy in the five massive organs, I am using homeopathy medications but through the theory created by me (2020) entitled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. This theory was written based on the experiences that I was facing when doing my homeopathy course in Brazil. In this course, I realize that homeopathy is a very good medication to treat the majority of the patient conditions (emotional or physical symptoms) but what I noticed was that the physician that works with homeopathy nowadays does not understand yet, the mechanism of action of homeopathy, and they usually memorize the symptoms treated by each

homeopathy medication and still do not know which way they are improving the symptoms presented by each patients. Normally they follow the simmilmun theory, where the physician can treat the patient using medications that can induce that symptom if used in the normal condition, without diluting this substance. [18]

In China, what I can see is that there are so many Chinese herbal therapies that can be used in all this conditions of lack of energy inside the five internal massive organs. When treating patients with this energy deficient pattern, what I want to say is that even Chinese herbs can induce energy deficient state, according to Arndt- Schultz law, created by two German researchers. In this law, they are saying that the use of highly concentrated medications can reduce the vital energy and the use of highly diluted medications can increase the vital energy. This last group of medications (homeopathy) is the medication of choice for the prevention and treatment of the majority of diseases nowadays, due to the decreased vital energy of whole population in the world are having, as I am demonstrating in the article written by me (2021) entitled Why is Homeopathy the Medication of Choice in the Treatment of All Kinds of Diseases Nowadays? [15, 19]

As all the internal massive organs are in the weakness level of energy, this means that to treat the Kidney, we must treat all the internal five internal massive organs, according to the generation cycle, showed in the Figure 4, using highly diluted medication such as homeopathies according to the theory created by me (2020) entitled Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine, showed in the Table 3. [18]

Chakras	Five Elements	Homeopathy Medications	Crystal-Based Medications
1° Chakra	Wood/Liver	Phosphorus	Garnet
2° Chakra	Water/Kidney	Natrum Muriaticum	Orange calcite
3° Chakra	Fire/Heart	Sulphur	Rhodochrosite
4° Chakra	Metal/Lung	Silicea	Emerald
5° Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6° Chakra	Water/kidney	Tone 2° chakra	Sodalite
7° Chakra	Wood/Liver	Tone 1° chakra	Tiger eye

Table 3: Homeopathy medications used in the treatment of lack of energy in the internal five massive organs (Liver, Heart, Spleen, Lung and Kidney).

The use of homeopathy medications and crystal-based medications will improve all internal five massive organs energy that was proved to be very low, demonstrated in the radiesthesia procedure used in this patient showed in this article. Using these medications, the patient was feeling much better of his symptoms (emotional) and at the same time, it was improving the internal energy of the five internal massive organs, replenishing all the organs that were weak in energy. In this treatment, the use of replenishment of all these organs would induce the base for prevention of all kind of diseases (Covid-19, diabetes, hypertension, myocardial infarction, cancer, anxiety, depression, panic syndrome etc) because all the chronic diseases are based on energy deficiency in the internal five massive organs, as I am showing in diverse article published online. [3, 11, 12, 20]

In the case of genetic alterations said by Western medicine's physicians, regarding the formation of osteogenesis imperfecta, what I want to say is that all these energy deficiencies can be transmitted to the following generations if not prompt treated and could be misunderstood as genetic disorder, but what they have in common, is chakras' energy centers deficient in energy. In the case of this patient reported in this article, his mother also has chakras' energy centers deficient in energy (measured recently in 2021) but what I cannot proof in his case was that his parents were deficient in energy 33 years ago or not, because this energy was not measured at that time. And this patient has another child with osteogenesis imperfecta that need to be treated in the energy point of view. [21]

All these energy alterations are not understood nowadays, by Western medicine because after the implementation of Flexner report in 1910, all medical schools in the world changed their curriculum and saying that what is considered scientific is only what they could proof using laboratory of radiological evaluation. What they do not understand at that time was that all the things that exists in our universe is composed by energy including the human being. As said by Albert Einstein (1879-1955), we cannot solve our problems with the same thinking that we created them. [5]

The tools used in the treatment of this patient with osteogenesis imperfecta was done according to specialties homeopathy and acupuncture in Brazil. Both kinds of medicines are considered medical specialty by the Brazilian Federal Medical Council since 1980 and 1995, respectively. [22]

To understand in the deepest level what could be happening in patients with ontogenesis imperfecta, we need to integrate the two kinds of medicine, to see the whole tree, the leaf level but also, the root level, showed in the Figure 1 and 5. In this metaphor, I am saying that both kinds of medicines are different but they are complementary, and it is important to integrate then to understand in the deepest level, what is happening in all these patients nowadays that Western medicine cannot explain yet. [7]



Figure 5: Yin and Yang metaphor of Western and traditional Chinese medicine

Conclusion:

The conclusion of this study is that patient with osteogenesis imperfecta has chakras' energy centers deficient in energy, mainly the second chakra that corresponds to the Kidney, responsible for the integrity of the bone. The treatment of this condition is of paramount importance for this patient, because we can replenish all this organs using highly diluted medications according to the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and using crystal-based medications. The tools used by me to balance the energy of Yin, Yang, Qi and Blood and taking out the Heat retention using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture are other important tools to maintain the balance state of the internal forces of Yin and Yang, to achieve health and promote the improvement of all the patient conditions at the same time, in this case in the treatment of patients with osteogenesis imperfecta, that has Kidney deficiency as the main source of the beginning of formation of this disease.

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