

# A Homeopathic Treatment in a Female Patient with Infertility

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## Abstract

There is a physiological balance between our systems in our body. When this physiological balance is disturbed, diseases occur. Infertility; It is defined as not having a pregnancy despite the couples having regular sexual intercourse. Homeopathy, a natural remedy that has been used widely all over the world for 200 years system. It has been recognized by the World Health Organization (WHO) as the second largest treatment method used worldwide. Although it is the most popular form of treatment in India and South America, it is also used by over 30 million people in Europe and millions of other people around the world. A female patient 33 years old who applied to Getat Polk for infertility had also divorced from her first marriage for 8 years due to infertility. She continued her infertility treatment during her marriage.

Tsh 1.93Uiu/ml, t3 3,05 pg/ml, t4 0.76ng/dl. Glukose 82mg/ml, d vitamine 8ng/ml, b12 270pg/ml, total cholesterol 176mg/ml, creatinine 0.63mg/dl tg 77 mg/dl fe 38ug/dl AST 19 U/L E stradiole 46ug/l LH 12,42IU/L Ferritine 8.51 ug/l hemoglobine 11.8g/dl .After a detailed anamnesis, the patient was started on Hyos c30 2\*1, Ignatia c30 2\*1, and folliculinum c200 2\*1 (1st and 14th days of menstruation) in December 2020. The patient was 7 weeks pregnant in september 2021.β-Hcg 15000Miu/ml Fe 171 ug/dl.

Hormonal balance in women is very sensitive and easily effected, either by endogen or exogen disturbances. Pressure and suppression induced by dominant forces on an individual such as dominant parents, husband, harassment at work or religions dominance can be a cause to create a so called Folliculinum state, as well as results from immune system suffering after long lasting and profound infection, which is suppressed by medication.

**Key words:** homeopathy; remedy; infertility

## Introduction

There is a physiological balance between our systems in our body. When this physiological balance is disturbed, diseases occur. Infertility; It is defined as not having a pregnancy despite the couples having regular sexual intercourse. Secondary infertility, on the other hand, is the inability of couples who have had children before spontaneously. The incidence of infertility, seen in an average of 15-20 of every 100 couples, increases with age. Infertility, which is a health problem related to the reproductive system, can be caused by a cause related to both men and women, or it can be caused by a combination of many factors (Fıçıcıoğlu C 2019).

Homeopathy, a natural remedy that has been used widely all over the world for 200 years system. It has been recognized by the World Health Organization (WHO) as the second largest treatment method used worldwide. Although it is the most popular form of treatment in India and South America, it is also used by over 30 million people in Europe and millions of other people around the world (Postoğlu S 2011). Homeopathy treats the human as the mind, emotion and physical body. This is the breakdown in the system.

In this study, we wanted to examine the homeopathic treatment process in infertile patients.

## Method

A female patient 33 years old who applied to Getat Polk for infertility had also divorced from her first marriage for 8 years due to infertility. She continued her infertility treatment during her marriage.

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## Result

The patient was 7 weeks pregnant in september 2021.β-Hcg 15000Miu/ml fe 171 ug/dl



## Discussion

There are literature studies on homeopathy.(Alp H 2021).

### Ignatia Amara

It is impossible to make people talk and cheer. He has a fixed gaze towards the front and has a thoughtful look. He hesitates to open his mouth and speak. belittles himself and thinks he has lost everything. He thinks he can't walk or move. He is hopeless of treatment. Usually sullen and disgruntled because of the headache. The smallest incident can make a person angry and cry. There is indifference towards everything. Tends to be hasty. He has a very delicate consciousness. The sudden urge to do something results in making mistakes when speaking or writing because of the tendency to do something quickly (Gallavardin JP. 2021).

### Hyos

hyocianus niger remedy is about sadness and sullenness. It is a self-reproaching personality remedy in a melancholic mood. Fear may be accompanied by tremors and convulsions. He is afraid of poisoning. He can get lost at the slightest annoyance, he thinks he is very strong and healthy, but not so much. He needs nothing but thirst (Gallavardin JP. 2021).

### Folliculinum

It is a special honour for me to point out the importance of a remedy which can without doubt be considered the most female of remedies of Materia Medica Homoeopathica. The substance I am talking about is a sarcode, Folliculinum or oestrone, a natural hormone, which is secreted by the ovaries, playing the leading part in reproduction of our organism. This steroid hormone with typical steran structure and the formula C<sub>18</sub>H<sub>22</sub>O<sub>2</sub> is able to directly interact with nuclear DNA if connected with a steroidreceptor, well known as an important and urgent transmitting substance. The name oestrogen is derived from Greek. Oistros means "rut or lust" and genao "to create". What we are talking about is a "rut or lust generating substance". The oestrone used in homeopathy is derived from the urine. It is a water-insoluble, white, crystalline substance, triturated to C3.(Gallavardin JP. 2021, Foubister 2009)

Hormonal balance in women is very sensitive and easily effected, either by endogen or exogen disturbances. Pressure and suppression induced by dominant forces on an individual such as dominant parents, husband,

harassment at work or religions dominance can be a cause to create a so called Folliculinum state, as well as results from immune system suffering after long lasting and profound infection, which is suppressed by medication(Arı 2011).

## Conclusion

Folliculinum in general serves as a remedy in case of suppression or loss of the individual rhythm of life. As a sarcode it owns the inner capacity to re-establish its healthy mode of action within organisms to prevent infertility and degeneration.

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