

# Prevalence and Predictive Factors of Induced Abortion among Women in Ghana: Data Analysis of Maternal Health Survey, 2017.

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## Abstract

Induced abortion is a common practice for women worldwide; nevertheless, the practice of unsafe abortion rate in Ghana is in height and is a constant issue of public health concern. *Objective:* The main aim of the study was to identify predictive factors associated with induced abortion among women in Ghana. *Methods:* Ghana Maternal Health Survey data was used for this study to do an analytic cross-section study. Data analysis was done using SPSS version 20. The association between dependent and independent variables was explored using chi-square and logistic regression. Statistical significance was set at  $p < 0.05$ . *Results:* In this study, the prevalence of induced among the respondents was 14.8%, the prevalence was higher (25.5%) in Greater Accra Region and lower (3.2%) in Northern Region. All under-studied independent variables through chi-square analysis were associated with induced abortion with significance. However, in advance analysis through binary logistics regression model predictor factors of induced abortion in Ghana identified were; the age of the respondents', region of orientation, religious affiliation, marital status, ethnicity, exposure to mobile phone and newspaper, and age at first sex. The logistic regression model appropriately explained the outcome variable (induced abortion) since the Hosmer-Lemeshow goodness-of-fit test p-value was more than 0.05 ( $X^2(8) = 4.428, P = .817$ ). *Conclusion:* The prevalence of abortion in Ghana is still high, hence the need for increase public education on contraceptive use and the adverse effects of abortion through the use of modern media can go a long way to reduce the incidence of induced abortion in Ghana.

**Running title:** Induced abortion in Ghana

**Keywords:** induced; abortion; prevalence; predictors; women; Ghana

## Introduction

Globally, each year 22 million women are involved in unsafe abortion. Most (98.0%) of unsafe abortions happen in developing nations [1]. In 2008, the global rate for unsafe abortion stood at 14 per 1000 women for the age group of 15–44, whereas the rate for Sub-Saharan Africa stood as high as 31 per 1000 women within their reproductive age group of 15–44 [1]. Basinga et al., a study that was carried out in Sub-Saharan Africa, did reveal that the majority of induced abortions in the region are largely unsafe as the bulk of them are illegal [2]. In states that are engulfed with poor access to safe abortion services and legal abortions, most women with unplanned pregnancies are alternative to the practice of unsafe abortions [3].

The dangers associated with unsafe abortion range from severe morbidities such as serious bleeding, sepsis, and organ failure to no complications [4-6]. Whereas abortions are becoming less problematic

worldwide, this is not the same for Africa as evidence points to a rather high rate of hospitalization resulting from complicated abortion due to unsafe practices from the Eastern and sub-Saharan Africa regions. Globally, Africa has high rates of gynecological hospitalization from unsafe abortion-related complications [7].

The adverse effects of induced abortions are not deterrent factors enough as several studies have shown a substantial percentage of women secure more than one abortion during their reproductive lifetime [8-11]. In Sudan, for example, a study in five hospitals showed that over 40 % of women pursuing medical care for problems of unsafe abortion had a history of at least one earlier unsafe abortion [10]. Also, research in Ethiopia revealed that among women looking for abortion-related services, the incidence of history abortion was 30 % [11].

Induced abortion is a common practice for women worldwide; nevertheless, the practice of unsafe abortion rates in Ghana is in height

and is a constant issue of public health concern. Abortion increases maternal mortality in Ghana by 15-30% [12]. The law regarding criminal abortion in Ghana was modified in 1985 making induced abortion legal concerning some situations [13]. However, in Ghana to admittance to harmless abortion practice is hindered by restricted access to legal abortion services, finance, sociocultural barriers, and social stigma [14].

Ghana has endeavored to tackle the problem of unplanned pregnancies leading to unsafe abortions by encouraging the utilization of modern contraceptives, reproductive health strategic plans, and capacity building of trainee midwives in health training institutions to complete abortion care [12,15]. Regardless, contraception acceptance remains poor at 25%, and 31% of pregnancies are unplanned, the incidence of induced abortion has risen to 7% in 2017 from 5% in 2007, and illegal abortion is a key issue in maternal morbidity and mortality [12,16,17].

An earlier study by Boah et al. attempted to identify predictors of unsafe abortion in Ghana [18], but their study is different from this current study which attempted to identify predictive factors associated with inducing abortion in Ghana, which involved both safe and unsafe abortion. The findings of this study will be of policy relevance to the Ghanaian Ministry of Health and other foreign experts in the field of female, sexual, and reproductive health.

## Materials and Methods

The study design for this study was an analytic cross-sectional survey using data from the 2017 Ghana Maternal Health Survey (GMHS). The Ghana Statistical Service (GSS) conducted the 2017 GMHS with technical assistance from ICF's Demographic and Health Survey (DHS) program. Ghana's 2010 Population and Housing Census provided the sampling frame (PHC). Eligible participants were women aged 15 to 49 years who were permanent residents of selected households or guests who stayed in selected households the night before the survey. The study's areas and households were selected using a multistage stratified cluster sampling technique. The details of the survey procedures and the questionnaires used can be found in the final report [16].

The study included all the survey participants (25062) and the main dependent variable of the study was the history of ever abortion among the study participants. The independent variables included demographic characteristics, mass media exposure, history of first sexual intercourse, and family planning practice.

## Statistical Analysis

Statistical analysis was done using SPSS Statistics for Windows, Version 20.0 (IBM SPSS Statistics for Windows, Version 20.0. Armonk, NY: IBM Corp). Categorical variables results were presented using frequencies and percentages using tables and figures. Continuous variables were results were represented using mean and standard deviation. The association between dependent and independent variables was done using chi-square. Factors with a significant association at the bivariate level were further modeled using a binary logistics regression model to identify predictor variables of induced abortion. Statistical significance was set at a p-value of  $< 0.05$ .

## Ethical consideration

The ICF Institutional Review Board (IRB) approved the protocol for the 2017 GMHS. Meanwhile, ethical approval was not necessary for this study because it involved a secondary analysis of a dataset without exposure to the identity of the respondents and their households. Nonetheless, permission was obtained from ICF through the DHS program for the use of the datasets in this study and the terms of data use were observed.

## Results

### Demographic characteristics of the respondents'

There were 25062 respondents (women aged from 15 to 49 years) in this survey, the average age of the women was  $29.5 \pm 9.8$ , with a modal age of 15. The majority (74.0%) of the respondents were educated with at least primary level education. In terms of ethnicity, the majority (35.3%) were Akans, and then 30.5% for Mole-Dagbani. At the time of the survey, the majority of the respondents were married (43.4%). The religion that dominated the respondents was Christianity (70.8%) than Islam (24.3%) and residency was almost the same for Urban and Rural, 50.1%, and 49.9% respectively. The study was across the than ten regions of Ghana, 31.7% for coastal belt (Western (9.3%), Central (6.4%), Greater (10.1%) and Volta (5.8%)), 30.4% for the forest belt (Eastern (8.7%), Ashanti (12.5%) and Brong-Ahafo (9.2%)) and 38.0% for the savanna belt (Northern (16.8%), Upper West (10.8%) and Upper East (10.4%)) (Table 1).

		Frequency (n = 25062)	Percentage
Age group	15-19	4888	19.5%
	20-24	4259	17.0%
	25-29	4179	16.7%
	$\geq 30$	11736	46.8%
Marital status	Married	10869	43.4%
	Living with a man	4183	16.7%
	Not in union	10010	39.9%
Ever attended school	Yes	18554	74.0%
	No	6508	26.0%
Ethnicity	Akan	8837	35.3%
	Ga/Dangme	1279	5.1%
	Ewe	2474	9.9%
	Guan	905	3.6%
	Mole-dagbani	7651	30.5%
	Grusi	1284	5.1%
	Gurma	1799	7.2%
	Mande	293	1.2%
Other	540	2.2%	

Religion	Christianity	17751	70.8%
	Islam	6080	24.3%
	Traditional	617	2.5%
	Other religion	3	0.0%
	No religion	611	2.4%
Type of place of residence	Urban	12544	50.1%
	Rural	12518	49.9%
Regional belt	Coastal belt	7938	31.7%
	Forest belt	7610	30.4%
	Savanna belt	9514	38.0%

**Table 1:** Demographic characteristics of the respondents'

### Other independent variables

For those who responded to these questions majority (69.2%) of the respondents were not into reading newspapers. Meanwhile, the majority of them listen to the radio and watch television at least once a week

(46.0% and 52.1% respectively). With ownership mobile, the majority (64.3%) were having a mobile phone and about 62.7% of the respondents were having used the internet almost every day. Moreover, 81.6% of them knew their fertile period and about 76.3% of them had their first sex at 15-19 years (Table 2).

		Frequency	Percentage
Reads new paper	Yes	3805	30.8%
	No	8534	69.2%
Listens to radio	Yes	17830	71.1%
	No	7232	28.9%
watches TV	Yes	17783	71.0%
	No	7279	29.0%
Own a mobile phone	Yes	16117	64.3%
	No	8945	35.7%
Ever used internet	Yes	5215	20.8%
	No	19847	79.2%
Age of first sex	7-14	0	0.0%
	15-19	14281	76.3%
	20-24	3897	20.8%
	25-29	481	2.6%
	≥ 30 years	63	0.3%
Knowledge of fertility period	Yes	20450	81.6%
	No	4612	18.4%

**Table 2:** Other independent variables

### Induced abortion in Ghana

The prevalence of induced abortion among the respondents was 14.8%. According to the respondents, the major reasons for abortion included: lack of readiness to be a mother (13.9%), lack of money to care for the baby (13.3%), to be able to continue schooling (11.7%), of space childbirth (11.1%) and partner denial of pregnancy (9.0%).

### Regional proportions of induced abortion

Proportionally, the region with the highest number of respondents with abortion history was Greater Accra Region (25.5%), followed by Ashanti Region (23.8%), then Western Region (20.7%), and Brong Ahafo Region (20.4%). And the region with lowest proportion of abortion history was

Northern Region (3.2%),  $X^2(9, 25062) = 1530.280, P \leq 0.001$  (Figure 1).

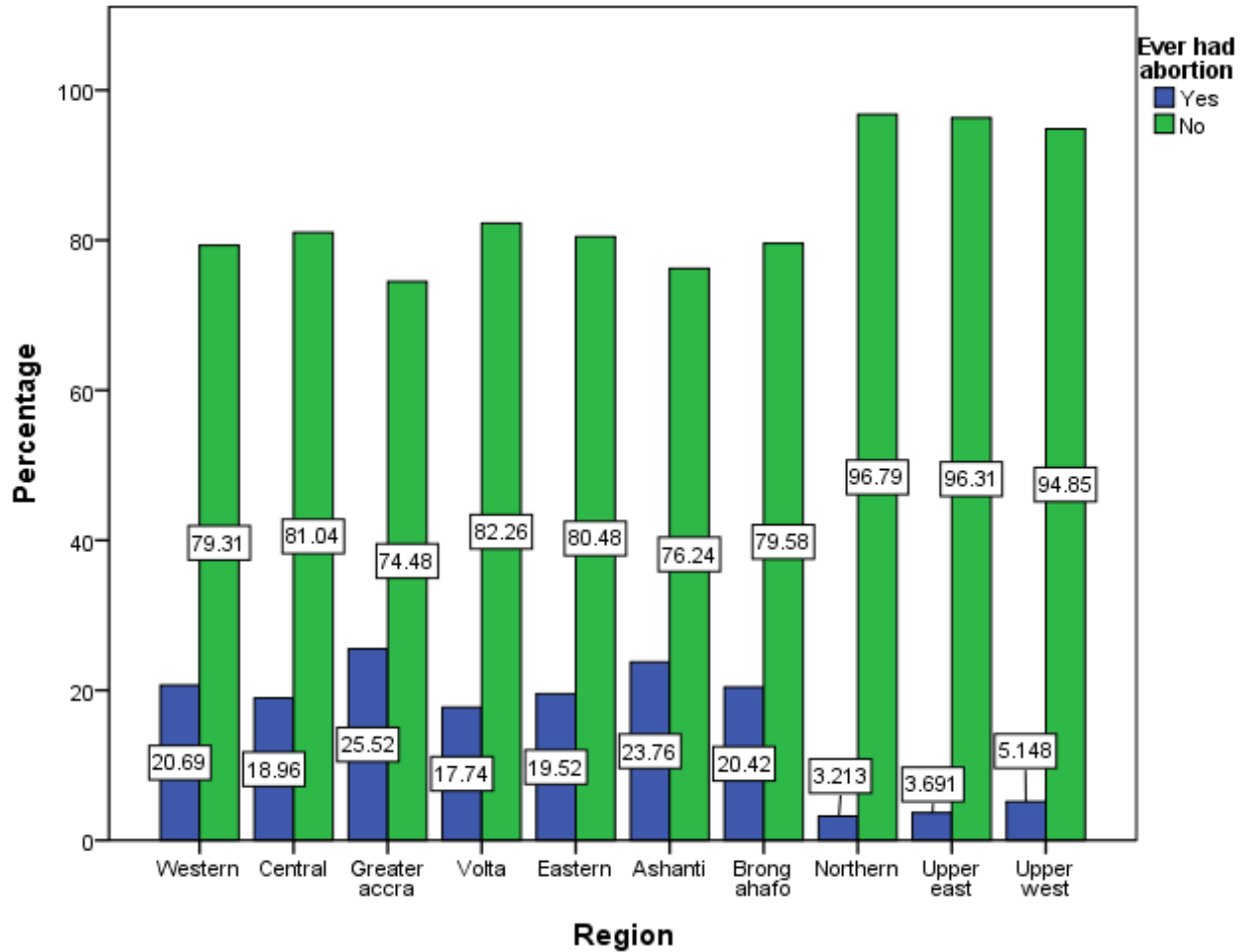


Figure 1: Proportion of abortion history across regions of Ghana

**Factors associated with induces abortion in Ghana**

With chi-square analysis, all demographic characteristics of the respondents' indicated a significant relation with respondents' history of abortion. Age group  $X^2(6, 25062) = 853.48, P \leq 0.001$ , marital status  $X^2(2,$

$25062) = 571.465, P \leq 0.001$ , ever attended school  $X^2(1, 25062) = 415.993, P \leq 0.001$ , religion  $X^2(3, 25062) = 661.257, P \leq 0.001$ , ethnicity  $X^2(8, 25062) = 1583.835, P \leq 0.001$  and type of place of residence  $X^2(1, 25062) = 453.478, P \leq 0.001$  (Table 3).

		Ever had abortion		$X^2$	df	P-value
		Yes	No			
Age group	15-19	129	4759	850.863	3	.000
	20-24	514	3745			
	25-29	762	3417			
	$\geq 30$	2297	9439			
Marital status	Married	1420	9449	571.465	2	.000
	Co-habitation	1115	3068			
	Single	1167	8843			
Ever attended school	Yes	3243	15311	415.993	1	.000
	No	459	6049			
Religion	Christianity	3271	14480	661.257	3	.000
	Islam	342	5738			
	Traditional	22	595			
	No religion	67	547			
Ethnicity	Akan	2150	6687	1583.835	8	.000
	Ga/Dangme	294	985			
	Ewe	499	1975			
	Guan	135	770			

	Mole-Dagbani	384	7267			
	Grusi	76	1208			
	Gurma	91	1708			
	Mande	27	266			
	Other	46	494			
Type of place of residence	Urban	2451	10093	453.478	1	.000
	Rural	1251	11267			

Chi-square analysis revealed a significant relationship between the other independent variables and induced abortion. Reads newspaper  $X^2(1, 25062) = 3.979, P \leq 0.046$ , listen to radio  $X^2(1, 25062) = 287.137, P \leq 0.001$ , watches TV  $X^2(1, 25062) = 435.607, P \leq 0.001$ , own mobile phone  $X^2(1, 25062) = 785.655, P \leq 0.001$ , ever used internet  $X^2(1, 25062) = 71.401, P \leq 0.001$ , age at first sex  $X^2(3, 25062) = 128.974, P \leq 0.001$ , knowledge of fertile period  $X^2(1, 25062) = 221.923, P \leq 0.001$  (Table 4).

		Ever had abortion		$X^2$	df	p-value
		Yes	No			
Reads new paper	Yes	564	3241	3.979	1	.046
	No	1386	7148			
Listens to radio	Yes	3065	14765	287.137	1	.000
	No	637	6595			
watches TV	Yes	3159	14624	435.607	1	.000
	No	543	6736			
Own a mobile phone	Yes	3135	12982	785.655	1	.000
	No	567	8378			
Ever used internet	Yes	963	4252	71.401	1	.000
	No	2739	17108			
Age at first sex	7-14	0	0	128.974	3	.000
	15-19	2593	11688			
	20-24	465	3432			
	25-29	31	450			
	≥ 30	3	60			
Knowledge of fertile period	Yes	3345	17105	221.923	1	.000
	No	357	4255			

**Table 4:** Chi-square analysis of respondents' other independent variables and their history of induce abortion

**Predictors of induced abortion**

In this current study woman practice of induced abortion was more likely as her age advanced, 20 -24 years (AOR = 3.27, 95%, C.I. = 2.37 – 4.52), 25 – 29 years (AOR = 6.23, 95%, C.I. = 4.50 -8.63) and ≥ 30 (AOR = 9.74, 95%, C.I. = 7.06 – 13.43). Women in marriage were more protected from induced abortion, co-habitation (AOR =1.73, 95%, C.I. = 1.47 – 2.03), and single (AOR = 1.19, 95%, C.I. = 1.03 – 1.38). Women apart from being Christians were protected from induced abortion, Islam (AOR = 0.71, 95%, C.I. = 0.55 – 0.92), traditional (AOR = 0.11, 95%, C.I. = 0.02 – 0.86) and no religion (AOR = 0.45, 95%, C.I. = 0.22 – 0.95). In terms of regional prediction, two regions when compared to Western region predicted induce abortion, Ashanti (AOR = 1.29, 95%, C.I. = 1.04 -1.59) and Brong-Ahafo (AOR = 1.39, C.I. = 1.09 – 1.77). Meanwhile, women from the three northern regions were less likely to practice

induced abortion as compare to those from Western region, Northern (AOR = 0.41, 95%, C.I. = 0.28 – 0.59), Upper East (AOR = 0.42, 95%, C.I. = 0.27 – 0.64) and Upper west (AOR = 0.64, 95%, C.I. = 0.43 – 0.95). And with ethnicity, women of Mole-Dagbani tribe were less likely 0.6 times to practice induced abortion when compared to those from Akan tribe. With the use of modern media, those without exposure to mobile phone use were less likely to practice induce abortion (AOR = 0.79, 95%, C.I. = 0.64 – 0.98). However, induced abortion was more likely among those without exposure to newspaper (AOR = 1.15, 95%, C.I. = 1.01 – 1.31). Finally, woman age of first sex was associated with induced abortion, women with first sex after 19 years were protected from induced abortion, 20 -24 years (AOR = 0.37, 95%, C.I. = 0.32 – 0.43), 25 -29 years (AOR = 0.11, 95%, C.I. = 0.07 – 0.17) and ≥ 30 years (AOR = 0.04, 95%, C.I. = 0.01 – 0.27) (Table 5).

Variables in the equation	B	Wald	P-value	AOR	95% C.I. for AOR	
					Lower	Upper
15-19		<b>Reference</b>	.000	1		
20-24	1.186	51.910	<b>.000</b>	<b>3.274</b>	<b>2.371</b>	<b>4.521</b>
25-29	1.830	121.514	<b>.000</b>	<b>6.232</b>	<b>4.502</b>	<b>8.629</b>
≥ 30	2.276	191.936	<b>.000</b>	<b>9.736</b>	<b>7.056</b>	<b>13.434</b>
Married		<b>Reference</b>	.000	1		
Co-habitation	.548	45.193	<b>.000</b>	<b>1.729</b>	<b>1.474</b>	<b>2.028</b>
Single	.173	5.332	<b>.021</b>	<b>1.189</b>	<b>1.027</b>	<b>1.378</b>
Ever attended (Yes)		<b>Reference</b>				
Ever attended (No)	-.175	.168	.682	.839	.363	1.940
Christianity		<b>Reference</b>	.002	1		
Islam	-.341	6.908	<b>.009</b>	<b>.711</b>	<b>.552</b>	<b>.917</b>
Traditional	-2.169	4.431	<b>.035</b>	<b>.114</b>	<b>.015</b>	<b>.861</b>

No religion	-.794	4.384	<b>.036</b>	<b>.452</b>	<b>.215</b>	<b>.950</b>
Akan		<b>Reference</b>	.005	1		
Ga/Dangme	-.090	.603	.438	.914	.727	1.148
Ewe	-.126	1.382	.240	.882	.715	1.088
Guan	-.212	1.607	.205	.809	.583	1.123
Mole-Dagbani	-.587	16.209	<b>.000</b>	<b>.556</b>	<b>.418</b>	<b>.740</b>
Grusi	-.270	1.502	.220	.763	.495	1.176
Gurma	-.027	.017	.897	.973	.644	1.471
Mande	.312	.517	.472	1.366	.584	3.196
Other	-.526	3.537	.060	.591	.341	1.022
Residence (Urban)		<b>Reference</b>				
Residence (Rural)	-.074	1.068	.301	.929	.807	1.068
Western		<b>Reference</b>	.000	1		
Central	-.254	3.694	.055	.776	.599	1.005
Greater Accra	.207	3.377	.066	1.230	.986	1.535
Volta	-.111	.485	.486	.895	.654	1.224
Eastern	-.167	2.071	.150	.846	.674	1.062
Ashanti	.253	5.416	<b>.020</b>	<b>1.287</b>	<b>1.041</b>	<b>1.593</b>
Brong-Ahafo	.328	6.939	<b>.008</b>	<b>1.388</b>	<b>1.088</b>	<b>1.772</b>
Northern	-.905	22.279	<b>.000</b>	<b>.405</b>	<b>.278</b>	<b>.589</b>
Upper East	-.875	16.291	<b>.000</b>	<b>.417</b>	<b>.272</b>	<b>.637</b>
Upper west	-.453	4.934	<b>.026</b>	<b>.636</b>	<b>.426</b>	<b>.948</b>
Newspaper use (Yes)		<b>Reference</b>				
Newspaper use (No)	.137	4.149	<b>.042</b>	<b>1.147</b>	<b>1.005</b>	<b>1.308</b>
Radio use (Yes)		<b>Reference</b>				
Radio use (No)	-.052	.351	.554	.949	.798	1.128
TV use (Yes)		<b>Reference</b>				
TV use (No)	-.199	3.497	.061	.820	.666	1.010
Mobile Phone (Yes)		<b>Reference</b>				
Mobile Phone (No)	-.231	4.574	<b>.032</b>	<b>.794</b>	<b>.642</b>	<b>.981</b>
Internet use (Yes)		<b>Reference</b>				
Internet use (No)	-.127	3.536	.060	.881	.772	1.005
First sex (15 -19)		<b>Reference</b>	.000	1		
First sex (20-24)	-.984	176.059	<b>.000</b>	<b>.374</b>	<b>.323</b>	<b>.432</b>
First sex (25-29)	-2.247	90.221	<b>.000</b>	<b>.106</b>	<b>.067</b>	<b>.168</b>
First sex ( $\geq$ 30)	-3.313	10.663	<b>.001</b>	<b>.036</b>	<b>.005</b>	<b>.266</b>
Know of the fertile period (Yes)		<b>Reference</b>				
Know of the fertile period (No)	-.179	2.319	.128	.836	.664	1.053

Dependent variable (ever had abortion) dummy code as 0 = No and 1 = Yes. H-L GOF test  $\chi^2(8) = 4.428, P = .817$

**Table 5:** Binary logistics regression for predictors of induced abortion in Ghana

The logistic regression model appropriately explained the outcome variable (induced abortion) since the Hosmer-Lemeshow goodness-of-fit test  $p$ -value was more than 0.05 ( $\chi^2(8) = 4.428, P = .817$ ).

## Discussion

The main purpose of this study was to find factors associated with induced abortion in Ghana among women. According to the Guttmacher Institute, 23% of all pregnancies in Ghana for the year 2017 ended in abortion [19]. In this study, the prevalence of induced abortion history (ever had an abortion) among the respondents was 14.8%. This study finding is a little higher than a similar study, which reported cases of induced abortions to be 13.6% in rural Ghana [20]. However, this was lower than another national prevalence (21.1%) in Nepal [21]. And the major reasons for induced abortion among others were, lack of readiness to be a mother, and lack of money to care for the baby. This is in line with earlier studies which also reported that in most nations, the most commonly named reasons for induced abortion were socioeconomic difficulties and unplanned pregnancies [22, 23].

In a study by Guttmacher Institute, more than half (53%) of all pregnancies in Ghana were unintentional, stretching from 23% in the Northern zone to 51% in the Coastal zone and 66% in the Middle Zone and this resulted in abortions from 24 for the Northern zone to 51 to the Middle Zone and 45 for the Coastal zone per 1000 women [19]. In this present study, proportionally the region with the highest number of respondents with induced abortion history was in the coastal zone and the lowest in the northern zone. This confirms the regional prediction, two regions when compared to the Western region predicted induced abortion. Women from the Ashanti and Brong-Ahafo regions were more likely to practice induced abortion in Ghana. Meanwhile, women from the three northern regions were less likely to practice induced abortion as compared to those from the Western region. This further confirms why women of the Mole-Dagbani tribe were less likely 0.6 times to practice induced abortion when compared to those from the Akan tribe. Similar to a national study ethnicity and region of the women predicted abortion [21].



In this current study, a woman's practice of induced abortion was more likely as her age advance. This study result is the same when compared to an earlier study in Nepal [21]. However, this is not familiar to earlier studies in Africa, which all reported higher age was a protective factor against abortion induction [20,23]. The explanation is that younger women are more predisposed to sexual coercion and rape which can lead to unintended pregnancies and a good number of induced abortions are consequences due to unintended pregnancies [23-25].

Also, married women were less likely to practice induce abortion as compared to single women and women in the co-habitation union. This study finding is similar to studies in Ghana, which reported that unmarried women were more likely to induce abortion as compared to married women [20,26]. However, a similar study in Ethiopia reported no significant association between induced abortion and marital status [23].

Moreover, exposure to modern mass media such as newspapers was a protective factor against inducing abortion in Ghana, but those exposed to a mobile phone were more likely to practice induce abortion in Ghana. This finding supports the conclusion that exposure to the media may be enough to change one's sexual and reproductive behavior if the contents of the particular media source do positively address sexual and reproductive health issues [27].

Finally, a woman's age of first sex was associated with induced abortion; women with first sex after 19 years were less likely to practice induce abortion. According to Magnusson et al., age at first intercourse is connected with inconsistent or nonuse of contraceptives in later life [28].

This study is not without limitations, the study did not explore all factors known to be associated with induced abortion. Furthermore, the data used for this study was a cross-sectional study that has to do with the recall of information from the past, and recall bias was more likely, especially with regards to questions on abortion.

## Conclusion

The main purpose of the study was to identify factors associated with abortion in Ghana. The following factors were identified to be a predictor of induced abortion in Ghana: age of the woman, marital status, media exposure, age at first sex, ethnicity, and region of the woman. It is recommended that increase public education on contraceptive use and the adverse effects of abortion through the use of modern media can go a long way to reduce the incidence of induced abortion in Ghana.

## Data Availability

All dataset related to the findings of this study is available online at [www.dhsprogram.com](http://www.dhsprogram.com).

## Conflicts of Interest

There is no conflict of interest with this submission.

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