

A Lady who suffers from three Times of Cancer have been Healed by TCM, Or Conventional Treatment with TCM

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Abstract

Ms J B suffers from three time cancers in 20 years who has a severe family history. All of three cancers can be proved her diagnosis by biopsy, scan and relevant blood tests from the main stream. While the conventional medicine offers a routine treatment, we play an assistant support with TCM to her; while doctor's gives up conventional medical treatment to her, we take over the main treatment as TCM, she has been received TCM treatment all the times until her complete rehabilitation in each time. TCM can build up general wellbeing, repair the gap in the immune system, stimulate self-healing function and make patient have a higher level rehabilitation. The external form for anticancer treatment is unique and effective treating access by TCM. She is 56 years old who keeps in a good life and a part-time work with a health state by now. We will report this case and analyze TCM's effective mechanism on cancer treatment.

Key words: multiple cancer; breast cancer; hcc; tcm

Introduction

Ms J B visited me at first time in 2000 who was 37 years old. Due to a stronger cancer family history, she has suffered from two times of breast cancer and a primary liver cancer (hepatocellular carcinoma HCC) who have received TCM treatment all the times: While the conventional medicine offers a routine treatment, we play an assistant support with TCM to her; while doctors gives up conventional medical treatment to her, we take over the main treatment as TCM; she is 56 years old who keeps in a good life and a part-time work with a health state by now. She gives me a consent who would like me to summary and publish her case for letting more people knowing her experience to fight to cancer with a proper way. By now, I will introduce and analysis this case as below:

In the First Cancer-----Breast Cancer iii Stage:

In 2000, J was transferred to me by another TCM practitioner. Since she was found a lump at the upper and outside region of her left breast which the lymph nodes at under of left armpit had been involved, so she was diagnosed as breast cancer in the III stage and was proved by MRI and relevant blood tests. After she was immediately operated for removing the local cancer tissue and affected lymph nodes, she was given a half year period of chemotherapy. She saw me in the two weeks after she finishes all courses of her routine treatment.

She manifested fatigue, anxiety, depression, a normal scar in left breast and armpit healed and recovered well, but hard tissue in the left breast; two lumps were touched and movable in the right breast which were sized 1-2cm with minor pain when were pressed. Light red tongue with less white coating and wiry-fine pulse.

Differentiation of syndrome with TCM: Liver Qi stagnation and Spleen deficiency;

Blood stasis to make lumps within.

TCM Treatment:

Acupuncture: Du 20 Baihui, Du24 Shenting

Li14 Binao, Li11 Quchi, Sj5 Waiguan, Gb41 Zulinqi, St36 Zusanli, Sp9 Yinlingquan,

Sp6 Sanyinjiao

Herbal prescription: Banzhilian (Herba Scutellariae Barbatae) 15

Huangqi (Radix Astragali Membranacei) 15

Danggui (Radix Angelicae Sinensis) 10

Dangshen (Radix Codonopsis Pilosulae) 10

Chaihu (Radix Bupleuri) 10
 Xaikucao (Spica Prunellae Vulgaris) 10
 Huzhang (Rhizoma Polygoni cuspidati) 10
 Ruxiang (Gummi Olibanum) 10
 Chenpi (Pericarpium Citri Reticulatae) 10
 Chishao (Radix Paeoniae Rubrae) 10
 Baishao (Radix Paeoniae Lactiflorae) 10
 Zhigancao (Radix Glycyrrhizae Uralensis) 5

Above herbal prescription was decocted as herbal juice for drinking twice daily, a dose per day and 4 doses per week.

She was done acupuncture once a week later on and varied herbal prescription according to current symptoms she had for a year until her recovery completely. She had released the lumps in her breasts, moderate mind and full of energy for returning back a full time work.

In the Secondary Cancer-----a Primary Liver Cancer:

1) In the first stage: the primary tumors in the liver became malignant

In the end of 2006, she revisited me again, because she was found that multiple tumors with 2-6cm various size in her liver. She was done a biopsy from liver tissue for confirming whether occurred malignant or not? But unfortunately, she was proved a primary hepatocellular carcinoma (HCC) without lung and bone's transformation. She manifested the liver pain, upper abdominal distension, loose bowel, anxiety and insomnia. Due to tumors were situated around of portal vein of liver, it might be dangerous with operation, and so oncological surgeon didn't plan an operation immediately and told her that chemotherapy was also unsuitable to be done to her.

Due to a hesitate to get the conventional treatment, she expected that might get a positive result by a traditional medical treatment from a positive experience she got in a few of years ago, so she came to me.

Differentiation of TCM: Liver Qi stagnation and Blood stasis

TCM Treatment:

Acupuncture: Du20 Baihui, Du24 Shenting, Ren13 Shangwan, Ren12 Zhongwan, St25 Tianshu,
 Sp9 Yinlingquan, Gb34 Yanglingquan,
 Sj5 Waiguan, Gb41 Zulinqi, Li4 Hegu, Liv3 Taichong

Herbal medicine:

- 1 Kang Ni Ling capsules (Panax, Lingzhi, Dangshen, Ciwujia and Sanqi etc)
- 2 Ganoderma Spore Powder
- 3 External plaster of Anti-cancer
- 4 Chaihushugan Wan / Jiawei Xiaoyao Wan

She was prescribed for an individual formula at initial and in some time when she had some more symptoms for strengthening general wellbeing. The main prescription is:

Huangqi (Radix Astragali Membranacei) 30
 Sharen (Fructus Amomi) 10
 Chenpi (Pericarpium Citri Reticulatae) 10
 Fuling (Sclerotium Poriae Cocos) 10
 Xiangfu (Rhizoma Cyperi Rotundi) 10

Shanyao (Radix Dioscoreae oppositae) 10
 Baizhu (Rhizoma Atractylodis Macrocephalae) 10
 Huzhang (Rhizoma Polygoni cuspidati) 10
 Xiakucao (Spica Prunellae Vulgaris) 10
 Chaihu (Radix Bupleuri) 10
 Tufuling (Rhizoma Smilacis Glabrae) 10
 Zhigancao (Radix Glycyrrhizae Uralensis) 5

After she was given a regular TCM treatment for 3 years, she appeared in a good life quality and moderate mind without any pain at the liver region, but the multiple tumors still existed, so I suggested patient if was able to go surgeon for removing these tumors? After a consultant meeting with multiple discipline consultants, she was kept the same diagnosis of primary hepatocellular carcinoma (HCC) and reported that there was nothing they could do.

2) In the secondary stage: the complication from liver operation occurred:

In Sept 2009, J was accepted by a consultant Hepatobiliary & Laparoscopic surgeon in

The hospital of another district for be done an extended right hemihepatectomy, together with a microwave ablation to several of the remaining tumors in her liver. In operation, she was done histology of large lesion proved to be a neuroendocrine tumors, in which no malignant tissue was found in her liver. Although she had a successful operation, but she was still troubled with a postoperative infected hematoma which had to be drained. Since there were two draining tubes, one of them was drained from the bottom of right lung, and another one was drained from the liver; from both of these two tubes, she was drained more than 100ml liquid out daily; so she occurred ascites, bad swollen on both of her legs. She manifested abdominal pain, distension, due to struggle with bad pain around draining openings, she couldn't lied at flat, had to leaning at the left side with a half sitting, she was very suffered, slimmer, poor appetite, anxiety, stress, depression and insomnia; due to taking Morphine etc stronger painkillers, she had constipation as well. Due to all of symptoms were keeping, she had to see me again after she was done operation 4 months later.

Clinical figures: she was struggle to move and kept at a compulsive position who had to leaning at left side of setting, two draining openings with many yellow discharge from bottom of right lung and liver; pressed abdominal pain, distension with moveable sound in the abdomen; swollen at both of legs with II degree from knees to ankles. Swollen and light red tongue with white coating and wiry-fine pulse.

Diagnosis of Conventional western medicine: 1) Ascites and leg edema secondary to the Portal hypertension and wound infection

2) Hypoproteinaemia

Differentiation of TCM: Qi and yang deficiency of spleen and kidney; Excessive dampness and internal fluid accumulation.

Treating principle: to eliminate excessive fluid from the three burners;

To warm Yang and to reinforce Qi

As J could not lied supine in a relaxed manner due to the position of her drains, acupuncture could not be used. She therefore received only herbal medicine.

Her prescription: Huangqi 30, Danggui 10, Yiyiren 30, Fuling 10, Guizhi 10, Tinglizi 10, Houpo 10 Zhishi 10, Shanzha 10, Sharen 10, Shenqu 10, Zhigancao 5. (Taken twice a day as a juice) Renshen extract juice was also prescribed twice daily.

After she was taken above herbs, her draining fluid was reduced 20ml daily until doctors took one draining tube from lung out in two weeks; another tube out in one month; meanwhile, she was gradually decrease her ascites, legs swollen so well. She could lie at flat, appetite recovered, she had gradually rehabilitated for her body quality in a half year.

In the third Cancer---Breast cancer I

In the end of 2014, J was found a hard quality of tumor in her left breast. Breast cancer was diagnosed soon, but it belonged to I degree which lied in the early stage. Doctor did an operation immediately and three months of Chemotherapy, she was done a mastectomy after for preventing cancer's recurrence in breasts.

During the whole treating procedure, she kept the complementary treatment by Traditional Chinese medicine, for promoting recovery from operation, correcting side-effects which were caused by the chemotherapy, such as decreased white blood cells, hair lost, nausea, lack of appetite and so on. All of these symptoms were controlled one by one, which supported her smooth and successful finished her routine treatment, healed from this cancer again.

She has been coming back to a part-time work and a normal life, but she still visits me regularly for acupuncture and herbs for treating her anxiety and depression which are manifested from her menopause period, also possible related with three times of cancer and many times of operation. TCM believes that Liver Qi moves along breast and governs the motion; if Liver Qi unsmooth moves in the breasts where there are such more scar on these to cause a bad emotional symptoms. Regular acupuncture and some patent herbs can control her symptoms and protect her keeping in a happy life.

Analysis:

This is a case who has a severe cancer family history, all of these three cancers are confirmed their diagnosis by biopsy, scan, relevant blood tests. This patient is experienced either of an active treatment, or give up treatment by the main stream of conventional medicine, but she keeps to accept traditional Chinese medicine as a good complementary management until her completely recovery in each time, so she is health living. My experiences from her treatment are:

1 It is necessary to build up the upright Qi by TCM during cancer treatment: no matter of After operation, or during accepting Chemotherapy, or Radiotherapy, or during the period of Her completely rehabilitation, special on the time in when the conventional western Medicine gives up / or hesitate to give treatment to her, she still keeps regular acupuncture And herbal medicines for building up Qi and blood to promote her quality of life and Stimulate self-healing function for herself.

2 The external plaster on anti-cancer herbs in Chinese medicine is unique and effective treatment: because we need an effective treating level for resisting and restraining cancer, we should use the herbs which may be toxic component involved in the prescription, so the external plaster is a safe and effective giving access. Like this patient, when she is diagnosed a primary HCC (hepatocellular carcinoma), but no active treatments is given by the conventional medicine, we have to manage an effective treatment to resist liver cancer, so we take a herbal Anti-cancer plaster at the skin on the liver region with oral herbal prescription for building up her general well-being. The external plaster plays a key effect for transferring her multiple tumors from the malignant tissue (confirmed by biopsy) to the benign (showed in the operation) in the liver as her result, then doctor remove all of tumors out for her. This is the important segment for curing her that combined external and oral herbs together to change the quality of cancer.

3 It is important that the patient's positive mind to accept TCM: she has been carefully to accept a regular acupuncture and herbal medicine during these three times of her cancer suffered until her completely rehabilitation, so she can keep in a good quality of life.

Let me have a clear recognition on TCM's significant to people with cancer from this patient who has completely cured for three times of cancer she has suffered from. When she accepts the routine treatment from the main stream, we make a complementary treatment with TCM; when she has no any treatment which are offered by the main stream, we resist a main treatment; our treating goat is to build patient's quality of life, to promote self-healing function which are necessary preservation during the cancer treatment.

References

1. Jane Bennett. "I give my consent for my medical notes to be released to Doctor Dan Jiang for her research and case study, which may be published. I also give my consent for Doctor Dan Jiang to contact Professor David Lloyd (University Hospital Leicester) and for the two of them to discuss my surgical case and care in full. MyNHSnumber:4823462521
2. J Piper (GP) "She had a primary liver cancer diagnosed in 2006 a number of tumours were found, two in the right lobe and three in the left lobe However subsequently oncology at Chesterfield called her back for a biopsy of large tumour and this apparently had malignant cells in the centre a primary hepatocellular carcinoma was diagnosed she was referred to Western park hospital in Sheffield. Here they held multidisciplinary team meeting regarding the diagnosis, but eventually confirmed the diagnosis of primary hepatocellular carcinoma and reported that there was nothing they could do." Consultant Surgeon-Dr David Lloyd : "One possibility of course is that many of these could be hepatic benign adenomas and the largest of which has now undergone malignant change into HCC (Hepatocellular Carcinoma) "
3. D Jiang, F Meng & Lily Li The Role of Chinese Medicine in cancer care-A Critical Review Would Journal of Traditional Chinese Medicine CN10-1395/R ISSN 2311-8571