

A Chronic Inguinal Intertrigo Revealing Inverse Psoriasis

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Abstract

Plaque psoriasis is typically localized to extensor surfaces of the skin, whereas inverse psoriasis is defined by its localization to intertriginous areas where two skin surfaces meet. It can be localized to the axillae, groin, genital area, umbilicus, postauricular area, intergluteal, antecubital and popliteal fossae.

Key words: Psoriasis; intertrigo; inverse; folds

Introduction

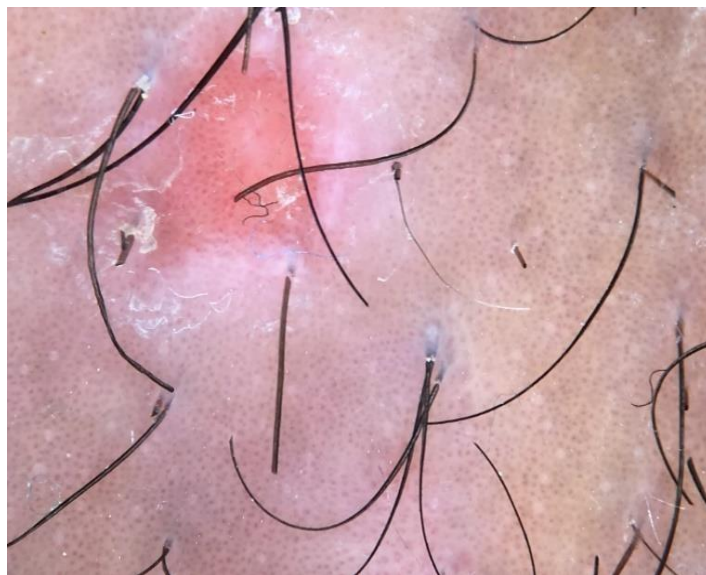
The lesions are well demarcated with less or no scaling compared to classical plaque-type psoriasis [1,2]. We report a case of inverse psoriasis that had been mistaken for a mycotic intertrigo.

A 38 years old woman presented with a localized inguinal pruritus evolving for three years, the patient had already received local and oral antimycotic treatment with no improvement. The clinical examination found a well limited unilateral inguinal intertrigo, dermoscopy showed scales with regularly distributed, dotted vessels on a light red background. The rest of the skin examination, nails and scalp showed no abnormalities. The patient was then treated with topical corticosteroid with great improvement.

Figure 1



Figure 2



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